

Hula Hands

拍数: 64 墙数: 2 级数:
编舞者: Margaret Mather
音乐: Hula Hands - Randy Travis



Using your hands for a hula sway

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|---------|---|
| 1-2-3&4 | Sway right, forward step left, together, right, shuffle forward (right, left, right) |
| 5-6-7&8 | Sway left, forward step right, together, left, shuffle forward (left, right, left) |
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| 1-2-3-4 | Right, rocking chair (rock forward right, back left, back right forward left,) |
| 5-6-7&8 | Step forward on right, turning $\frac{1}{4}$ left rock onto left shuffle forward right |
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| 1-2-3-4 | Left, rocking chair (rock forward left, back right, back left, forward right,) |
| 5&6-7-8 | Shuffle forward left (left, right, left) rock forward right, back on left |
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| 1-2-3-4 | Rock back on right, forward left, rock forward right, back on left |
| 5&6-7-8 | Shuffle back on right, rock back on left, forward onto right |
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| 1-2-3&4 | Step forward left, pivot $\frac{1}{2}$ right, shuffle left, forward (left, right, left) |
| 5-6-7&8 | Rock right, to side rock onto left, cross shuffle right, (right, left, right) |
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| 1-2-3&4 | Rock left to side rock onto right, cross shuffle left, (left, right, left) |
| 5-6-7-8 | Vine right, ending with right, in front (right, left, right, forward) |
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| 1&2-3-4 | Shuffle right, side rock back on left, forward onto right |
| 5&6-7-8 | Turning $\frac{1}{4}$ right, shuffle back on left, rock back right forward on left |
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| 1&2 | Shuffle forward right, (right, left, right) |
| 3-4-5-6 | Left, rocking chair (forward left back right, back left forward right,) |
| 7-8 | Step forward on left scuff right |

REPEAT
