Hurtin'

拍数: 48



墙数: 4

编舞者: Brenda Rowsell (CAN)

音乐: If the Jukebox Took Teardrops - Danni Leigh

VINE/CURTSY RIGHT, KICKS TO THE LEFT FRONT DIAGONAL

1-2 Step right foot to the right side, step left foot behind the right, bending both your knees as you do (curtsy)

级数: Improver

- 3-4 Straighten and step right foot to the right side, step left foot behind the right, bending both knees as you do (curtsy)
- 5-6 Straighten step right foot to the right, kick the left foot to the left diagonal
- 7-8 Stomp the left foot beside the right, kick the left foot to the left diagonal

VINE/CURTSY LEFT, KICKS TO THE RIGHT FRONT DIAGONAL

- 1-2 Step left foot to the left side, step the right foot behind the left, bending both knees as you do (curtsy)
- 3-4 Straighten and step the left foot to the left side, step the right foot behind the left, bending both knees as you do (curtsy)
- 5-6 Straighten and step left foot to the left side, kick the right foot to the right front diagonal
- 7-8 Stomp the right foot beside the, kick the right foot to the right front diagonal

STEP, SLIDE

- 1-2 Step right forward to the right diagonal, slide the left foot beside the right foot
- 3-4 Step right forward to the right diagonal, scuff the left foot forward
- 5-6 Step left forward to the left diagonal, slide the right foot beside the left
- 7-8 Step left forward to the left diagonal, scuff the right foot forward

1/4 TURN, 1/2 TURN, 1/4 TURN (COMPLETE ROTATION)

- 1-2 Step the right foot 1/4 turn to the right, swing the left foot 1/2 turn to the right
- 3-4 Step the right foot ¼ turn to the right side, touch the left toe across in front of the right foot
- 5-6 Step the left foot to the left, touch the right toe across in front of the left foot
- 7-8 Step the right foot to the right side, touch the left toe behind the right foot

TOUCH, ½ TURN, CLAP, HIP BUMPS

- 1-2 Step the left foot to the left side, step the right toe behind the left foot
- 3-4 Unwind ¹/₂ turn to the right, clap
- 5-6 Hip bump forward on the right twice
- 7-8 Hip bump back on the left twice

HIP BUMPS, ¼ TURN, STOMP, KICK

- 1-2 Step back on the right foot with a hip bump, hip bump again
- 3-4 Hip bump forward on the left side twice
- 5-6 Step forward on the right foot, pivot ¼ to the left
- 7-8 Stomp the right foot, kick the right foot forward

REPEAT

