I Ain't No Quitter



拍数: 48 墙数: 4 级数: Intermediate

编舞者: Franck S. (CAN)

音乐: I Ain't No Quitter - Shania Twain



ROCK STEP, TRIPLE STEP, ROCK STEP, TRIPLE STEP

1-2-3&4 Rock forward on right, recover back on left, triple step in place with right, left, right 5-6-7&8 Rock forward on left, recover back on right, triple step in place with left, right, left

1/2 TURN, SHUFFLE, 1/2 TURN, SHUFFLE

1-2-3&4 Step right forward, make ½ turn left, shuffle with left forward, right next to left and left forward 5-6-7&8 Step left forward, make ½ turn right, shuffle with right forward, left next to right and right

forward

STEP, SLIDE, STEP, TOUCH, STEP, SLIDE, STEP, TOUCH

Step right to right side, slide left toward right, step right to right side, touch left together
Step left to left side, slide right toward left, step left to left side, touch right together

CROSS ROCK, TRIPLE STEP, 1/4 TURN, CROSS ROCK, TRIPLE STEP, 1/2 TURN

1-2-3&4 Cross right in front of left, recover on left, triple step with ¼ turn right with right, left, right 5-6-7&8 Cross left in front of right, recover on right, triple step with ½ turn left with left, right, left

STEP, LOCK STEP, SCUFF, STEP, LOCK STEP, SCUFF

Step right forward, lock left behind right, step right forward, scuff left forward
Step left forward, lock right behind left, step left forward, scuff right forward

VINE, CLAP HANDS, VINE WITH 1/4 TURN, CLAP HANDS

1-4 Step right to right side, cross left behind right, step right to right side, touch left together and

clap hands

5-8 Step left to left side, cross right behind left, step left to left side, touch right together and clap

hands

Variations: first vine do a full turn to the right and second vine do 1 ¼ turn to the left

REPEAT

TAG

At the beginning of the dance, and after the 4th and 7th wall HEAD MOVEMENT, HOLD

1-4 Lower the head and make a movement to the right, return center, hold, hold

5-8 Movement of the head to the right, return center, hold, hold

SNAP FINGERS, HOLD

Lower head and hold, snap fingers, hold, snap fingersLower head and hold, snap fingers, hold, snap fingers