# I Can't Help It



编舞者: Jessica Haugen (NOR)

音乐: Can't Help Falling In Love - A\*Teens



### STEP, TOUCH, CROSSING SHUFFLE, BACK, SIDE, SHUFFLE

1-2-3&4 Step forward on right, touch left toe to left side, cross left foot in front of right, step right foot to

right side, cross left foot in front of right

5-6-7&8 Step back on right, step left to left, shuffle forward right, left, right

#### STEP, TOUCH, CROSSING SHUFFLE, BACK, SIDE, SHUFFLE

1-2-3&4 Step forward on left, touch right toe to right side, cross right foot in front of left, step left foot to

left side, cross right foot in front of left

5-6-7&8 Step back on left, step right to right, shuffle forward left, right, left

# STEP, 1/4 TURN LEFT, CROSSING SHUFFLE, ROCK, RECOVER, SAILOR STEP

1-2-3&4 Step forward on right, ¼ turn left on left, cross right foot in front of left, step left foot to left

side, cross right foot in front of left

5-6-7&8 Rock left to left, recover on right, cross left behind right, step right to right, step forward on left

#### STEP, ½ TURN, SHUFFLE, STEP (HIP), HIP, STEP SLIDE, TOUCH

1-2-3&4 Step forward on right, ½ left on left, shuffle forward right, left, right

5-6-7-8 Step left to left while bumping hips to left, bump hips to right, big step left to left while sliding

the right toe, touch right toe next to left

#### **REPEAT**

## **RESTART**

During wall 3 (while facing 3:00) & wall 6 (while facing 6:00), start dance again after the third count of 8.

#### **ENDING**

During wall 11 (while facing 6:00) only do the first 16 counts of dance, then do a ½ turn to left keeping weight on left foot and point right to forward. Point with right index finger to the audience, then motion for them to come to you!