

Higher Ground

拍数: 32 墙数: 2 级数: Improver
编舞者: Steph Carrier
音乐: Higher Ground - Red Hot Chili Peppers



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|-----|--|
| 1&2 | Touch right toe forward, touch left toe forward |
| 3 | Touch right toe forward |
| 4 | Touch right toe back |
| 5&6 | Triple ½ turn over right shoulder (right, left, right) |
| 7 | Touch left toe forward |
| 8 | Touch left in place |
| | |
| 1&2 | Touch right toe forward, touch left toe forward |
| 3 | Touch right toe forward |
| 4 | Touch right toe back |
| 5&6 | Triple ½ turn over right shoulder (right, left, right) |
| 7 | Touch left toe forward |
| 8 | Touch left in place |
| | |
| 1&2 | Left heel jack (cross left over right, step right to right side, point left heel to left side) |
| 3-4 | Dig right toe behind left unwind to the right as a full turn |
| 5&6 | Right cross shuffle (step right over left bring left in place, step forward right) |
| 7&8 | Left kick ball change |
| | |
| 1&2 | Left kick ball change |
| 3-4 | Rock forward left recover onto right doing a ½ turn |
| 5&6 | Full turn over left shoulder |
| 7&8 | Left shuffle forward |

REPEAT
