

Hips Don't Lie

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Alice Lim (SG)
音乐: Hips Don't Lie (feat. Wyclef Jean) - Shakira



Sequence: ABB, ABB, BAB, Tag, ABB, A

PART A

LEFT CHASSE, COASTER TURN TWICE

1&2-3&4 Left to side, right together, left to side (move your hips); right back, left together, right forward making ¼ turn to right
5&6-7&8 Repeat (6:00)

SIDE BEHIND RECOVER, SIDE BEHIND TOUCH, HIP ROLLS

1&2-3&4 Left to side, right behind left, left recover; right to side, left behind right, touch right to side
5& Touch right ball in front of left leg & roll hips to the left to make a small turn to the left ending with weight on left leg
6&7& Repeat to make 2 more rolls and end facing 12:00
8 Step right down

PART B

LEFT CHASSE, BEHIND ROCK SIDE, FULL LEFT SPOT VOLTA

1&2-3&4 Left to side, right together, left to side (move your hips); right behind left, left recover, right to side
5&6&7& Left small step forward making ¼ turn left, right ball behind left heel, repeat 2 more turns
8 Left ¼ turn with small step forward (12:00)

FULL RIGHT SPOT VOLTA, CROSS SAMBA WITH ¼ TURN, CROSS SAMBA

1&2&3&4 Repeat full spot volta but turning to the right
5&6-7&8 Left cross, right to side making ¼ turn left, left replace; right cross, left side, right replace (9:00)

CURVATURE CROSS STEPS, SIDE ROCK CROSS, SIDE ROCK STEP

1&2&3& Left cross(1) right ball slightly back(&); repeat 2 more times moving in an arc traveling 9:00
4 Left cross completing the arc to end facing 6:00
5&6-7&8 Right side, left recover, right cross; left side, right recover, left forward

HIP ROLL, TURN SHUFFLE, CROSS SAMBA WITH ¼ TURN, CROSS SIDE TOUCH

1&2 Making ¼ left touch right to side, roll hips one circle to the right, step down on right
3&4 Turn ¼ left to shuffle forward left-right-left (12:00)
5&6-7&8 Right cross, left to side making ¼ turn right, right replace; left cross, right to side, touch left next to right (3:00)

TAG

1&2-3&4 Step left slightly forward to bump hips left, center, left; step right slightly forward to bump hips right, center, right