Hold It Against Me



编舞者: Bob Sykes (AUS)

音乐: If I Said You Had a Beautiful Body - The Bellamy Brothers



ROCK, RETURN, COASTER STEP, ROCK RETURN, COASTER STEP

1-2 Step forward on right, rock back on left

3&4 Coaster step (step right back, step left back, step right forward)

5-6 Step forward on left, rock back on right

7&8 Coaster step (step left back, step right back, step left forward)

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

1&2 Shuffle forward right, left, right3&4 Shuffle forward, left, right, left

More experienced dancers may like to turn full turn left as the forward shuffles are done

STEP, 1/4 PIVOT LEFT, CHA-CHA-CHA

1-2 Step forward on right, pivot ¼ turn left 3&4 Cha-cha on the spot, right, left, right

STEP, ½ PIVOT RIGHT, CHA-CHA-CHA FOR ¼ TURN RIGHT

1-2 Step forward on left, pivot ½ turn right

3&4 Cha-cha-cha on the spot while turning a further ¼ turn right

4 STEPS FORWARD, WAVING HAT WITH RIGHT HAND

Remove hat

1-2-3-4 Walk forward, right, left, right, left & wave hat right, left, right as you walk

Replace hat on the last step

SAILOR SHUFFLES

Right sailor shuffle (right behind left, left to left side, right to right side)

Left sailor shuffle (left behind right, right to right side, left to left side)

BOX STEP WITH 1/4 TURN RIGHT

1-2 Step right across in front of left, step left in place

3-4 Turning ¼ turn right, step right forward, step left next to right

REPEAT