

# Hold On Real Tight

**COPPER** KNOB  
STEPPERS

拍数: 32      墙数: 4  
编舞者: Nancy Morgan (USA)  
音乐: Hold Me - Cartoons

级数: Improver



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## SIDE STEP, SLOW FORWARD ROCK, SIDE-TOGETHER-SIDE, CROSS ROCK, SIDE STEP, BEHIND, FORWARD WITH ¼ TURN RIGHT

- 1                    Step right foot to right side
- 2-3                Step forward on left and back on right
- 4&5                Step left to left side, put right next to left, step left to left side
- 6-7                Cross-rock forward right over left and back on left
- 8&1                Step right to right side, step left behind right, step right foot forward as you turn ¼ turn to your right

## WALK, WALK, MAMBO ½ TURN RIGHT, FORWARD ROCK, COASTER STEP

- 2-3                Walk forward left, right
- 4&5                Step forward on left, ½ turn to right, put left next to right
- 6-7                Forward rock on right and back on left
- 8&1                Step back on right, back on left, forward on right

## FORWARD ROCK, COASTER STEP, STEP, PIVOT ½ TURN LEFT, SHUFFLE FORWARD

- 2-3                Forward rock on left and back on right
- 4&5                Step back on left, back on right, forward on left
- 6-7                Step forward on right, ½ turn to left (weight is on left)
- 8&1                Shuffle forward - right, left, right

## STEP OUT LEFT, OUT RIGHT, CROSS RIGHT ARM OVER LEFT ARM, CROSS LEFT OVER RIGHT ARM (HUGGING YOURSELF), ROLL COUNTER TO THE RIGHT 2 TIMES

- 2-3                Step left out to left side (shoulder width), step right out to right side (shoulder width)
- 4-5                Cross right over left arm and hold on to your left arm, cross left over right arm and hold on to your right arm (as if you are hugging yourself)
- 6-7                Roll hips counter clock wise from left to right
- 8&                Roll hips counter clock wise from left to right as you slide your left foot to your right with weight ending on your left

**REPEAT**

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