

Holdin' Hands

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jan Wyllie (AUS)
音乐: Old Hands - Adam Brand



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|--------|---|
| 1-2 | Touch right toe to right side, hold |
| 3-4 | Rock/step right behind left, rock/return weight to left |
| 5&6 | Making ¼ turn left shuffle back right, left, right |
| 7-8 | Making ½ turn left back over left shoulder rock/step forward on left, rock back on right |
| 9-10 | Making ¼ turn left rock/step left to left side, rock/return weight to right |
| 11-12 | Rock/step left behind right, rock/return weight to right |
| 13&14 | Making ¼ turn right shuffle back left, right, left |
| 15-16 | Rock/step back on right, rock forward on left |
| 17&18 | Making ½ turn left shuffle forward right, left, right |
| 19-20 | Rock/step back on left, rock forward on right |
| 21&22 | Shuffle forward left, right, left |
| 23&24 | Shuffle forward right, left, right |
| 25-26 | Rock/step forward on left, rock back on right |
| 27-28 | Making ¼ turn left step left to left side, touch right beside left |
| 29-30 | Step right across left towards left corner, touch left toe to left side |
| 31-32 | Rock weight sideways onto left, rock weight sideways onto right |
| 33&34 | Shuffle towards right corner left, right, left |
| 35-36 | Rock/step right to right, rock/return weight to left |
| 37-38 | Rock/step forward on right, rock back on left |
| 39-40 | Step back on right, touch left beside right |
| 41-42 | Rock/step forward on left, rock back on right |
| 43-44 | Step back on left, touch right beside left |
| 45-46 | Step right to right, making ¼ turn left step forward on left |
| 47&48 | Step forward on right, step left beside right, step back on right (forward coaster) |
| 49&50 | Shuffle back left, right, left |
| 51-52 | Making ¼ turn right rock/step right to right side, rock/return weight to left |
| 53&54 | Step right behind left, step left to left, step right across left |
| &55-56 | Step left beside right, cross/rock right over left, rock back on left |
| 57&58 | Making ¼ turn right shuffle forward right, left, right |
| 59-60 | Step forward on left making ½ turn right (step back), step forward on right making ¼ turn right |
| 61-64 | Rock/forward on left, rock back on right, step back on left, touch right beside left |

REPEAT
