

# Hole In My Head

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Vivienne Scott (CAN)  
音乐: Hole in My Head - The Chicks



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## RIGHT SHUFFLE, LEFT SHUFFLE, TWO RIGHT SIDE HITCHES

1&2      Right shuffle, (right, left, right)  
3&4      Left shuffle, (left, right, left)  
5&6      Hitch right knee in front of left, step right foot to right side, step left foot beside right  
7&8      Hitch right knee in front of left, step right foot to right side, step left foot beside right

## FOUR PUSH TURNS USING HIPS WITH CLAPS, TO LEFT, MAKING A 1 ½ TURN

9-10      Step right across left, diagonal to left, push off, clap  
11-12      Step right across left, diagonal to left, push off, clap  
13-14      Step right across left, diagonal to left, push off, clap  
15-16      Step right across left, diagonal to left, push off, clap

## RIGHT FORWARD SHIMMY, LEFT FORWARD SHIMMY, ROLLING GRAPEVINE TO RIGHT

17-18      Shimmy forward onto right foot, hands at waist high slightly out to side, palms down  
19-20      Shimmy forward onto left foot, hands at waist high slightly out to side, palms down  
21-24      Step right to right side, cross left over right with ½ turn to right, cross right over left with ½ turn to right, step left beside right

## HEEL GRIND, ½ TURN, RIGHT SHUFFLE, KICK LEFT FOOT FORWARD, TO LEFT SIDE, UNWIND ¾ TURN TO LEFT

25-26      Rock forward on right heel, grinding heel  
27&28      ½ Turn to right with right shuffle (right, left, right)  
29      Kick left foot forward  
30      Kick left foot to left side  
31-32      Cross left foot behind right, unwind ¾ turn left, putting weight onto left

## REPEAT

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