Heat On The Street



拍数: 80 墙数: 2 级数: Intermediate

编舞者: Maggie Gallagher (UK) 音乐: The Heat Is On - Glenn Frey



When he sings "the heat is on", start on the word "on"

ROCKS, RIGHT SHUFFLE FORWARD, STEP, 1/2 PIVOT RIGHT, POINT	IFFT	HOI D

1-2 Rock back on right, rock forward onto left

3&4 Step forward on right, step left next to right, step forward on right

5-6 Step forward on left, pivot ½ turn right (6:00)

7-8 Point left to left side, hold

ROCKS, ½ TURN RIGHT WITH LEFT SHUFFLE BACK, BACK ROCK, RECOVER, ¼ TURN LEFT & POINT, HOLD

1-2 Rock back on left, rock forward on right

3&4 Make ½ turn right stepping back on left, step right beside left, step back on left (12:00)

5-6 Rock back on right, rock forward on left

7-8 ½ turn left pointing right to right side, hold (9:00)

RIGHT CROSS, POINT LEFT, CROSS LEFT BEHIND, POINT RIGHT, ½ MONTEREY RIGHT, ¼ MONTEREY LEFT

1-2 Cross right over left, point left to left side

3-4 Cross left behind right, point right to right side

5-6 ½ Monterey turn to right, point left toe to left side (3:00)

7-8 1/4 Monterey turn to left, point right toe to right side (12:00)

RIGHT CROSS, SIDE ROCKS, LEFT CROSS, SIDE ROCKS, RIGHT CROSS, 1/4 RIGHT WITH LEFT HITCH

1-2 Cross right over left, rock to left side
3-4 Rock to right side, cross left over right
5-6 Rock to right side, rock to left side

7-8 Cross right over left, ¼ turn right hitching left (3:00)

ROCKS, TOE STRUTS, STEP LEFT, 1/2 PIVOT RIGHT

1-2 Rock back on left, rock forward on right

3-4-5-6 Left toe strut, right toe strut

7-8 Step forward on left, ½ pivot turn right (9:00)

TOE STRUTS, STEP LEFT, 1/2 PIVOT RIGHT, 1/4 RIGHT STEPPING TO LEFT SIDE, HOLD

1-4 Left toe strut, right toe strut

5-6 Step forward on left, ½ pivot turn right (3:00)
7-8 ¼ turn right stepping left to left side, hold (6:00)

ROCKS, RIGHT SHUFFLE FORWARD, FULL TURN RIGHT MOVING FORWARD, STEP LEFT, TOUCH RIGHT

1-2 Rock back on right, rock forward on left

3&4 Step forward on right, step left next to right, step forward on right

5-6 ½ turn right stepping back onto left, ½ turn right stepping forward on right (6:00)

7-8 Step forward on left, touch right beside left

SIDE ROCKS, RIGHT JAZZ BOX

1-2 Rock to right side, recover onto left

3-4 Cross right over left, step back on left

During wall 4 only, replace steps 1-4 of this section as follows:

1-2 Rock to right side, recover onto left

3-4 Touch right next to left, hold

Restart here during wall 4 only

SIDE RIGHT, LEFT CROSS, POINT RIGHT, HITCH RIGHT

5-6 Step right to right side, cross left over right

7-8 Point right to right side, low hitch right across left

1/2 TRIPLE RIGHT CROSS, 1/4 TRIPLE LEFT CROSS

1-2-3 ½ turn right stepping onto right, ½ turn right stepping back onto left, cross right over left

4 Hold (3:00)

5-6-7 ½ turn left stepping onto left, ¼ turn left stepping onto right, cross left over right

8 Hold (6:00)

HIP BUMPS, STEP BACK RIGHT, DRAG LEFT, STEP BACK LEFT, DRAG RIGHT

1-4 Bump hips right, left, right, left

Restart here during wall 2 while facing the front wall

5-8 Big step back on right, drag left to meet right, big step back on left, drag right to meet left

REPEAT

RESTART

On wall 2, restart after count 76, leaving off only the last 4 counts of the dance On wall 4, change counts 61-64 as shown above and then restart