# Heckel And Jeckel

拍数: 64

级数: Improver

编舞者: Karen Fishback (USA)

音乐: Heckel and Jeckel - George Jones

#### **2 FORWARD SHUFFLES, ROCKING CHAIR**

- Right step, together, step, left step, together step 1&2-3&4
- 5-8 Rock forward on right, center on left, back on right, center on left

## SHUFFLE, ½ PIVOT, SHUFFLE, SIDE ROCK, RECOVER

- 1&2 Right step, together, step
- 3-4 Step forward on left and pivot 1/2 changing weight to right
- 5&6 Left step, together, step
- 7-8 Rock to right on right, recover back onto left

#### SYNCOPATED VINE RIGHT, 2 HEEL, TOES

- 1-2&3-4 Step right, step behind with left, step right, step in front with left, step right with right
- 5-8 With left, touch heel to front, toe back, repeat

#### SYNCOPATED VINE LEFT, 2 HEEL TOES

1-8 As above to left

## 2 FORWARD SHUFFLES, TURNING SHUFFLE, ROCK, RECOVER

- 1&2-3&4 Right step, together, step, left step, together, step
- Shuffle, turning 1/2 to right 5&6
- 7-8 Rock back on left, recover on right

#### 2 FORWARD SHUFFLES, TURNING SHUFFLE, ROCK, RECOVER

1-8 As above except starting on left

#### **4 SIDE TOUCH. CROSS STEP**

Touch right to right side, cross right in front of left; touch left to left, cross in front of right; 1-8 repeat

#### PADDLE TURN

1-8 With right push 1/4 turn to left, 4 times to make a complete turn

#### REPEAT

#### RESTART

After 2 times through the dance (one verse, one chorus) there is a 16 count instrumental break; do the first 16 counts, then start over on vocal

TAG

After 4 times through the dance (plus the start over) the music slows for 32 counts:

- 1-8 Vine right, 2 heel toes, (same as syncopated vine sequence except use a straight vine)
- 1-8 Vine left, 2 heel toes
- 1-84 Side touch, cross (as above)
- 1-8 Paddle turn (as above)





**墙数:**2