Heel And Crosses



拍数: 32 墙数: 2 级数:

编舞者: Doris Watters (USA) & Butch Watters

音乐: Rodeo Rock - Jimmy Collins



BACK, HEEL, STEP, TURN

1	Step back on right foot at an angle (about 4:00 position)
2	Tap left heel out front at an angle (about 10:00 position)
3	Sten forward onto left foot

Step forward onto left foot

4 Pivot ½ turn left ending with right toe beside left instep 5 Step back on right foot at an angle (about 4:00 position) 6 Tap left heel out front at an angle (about 10:00 position)

7 Step forward onto left foot

8 Pivot ½ turn left ending with right toe beside left instep

HEEL, TOGETHER, HEEL, TOGETHER, KICK-BALL-CHANGE, STEP, TURN

1	Tap right heel out front
2	Step right foot beside left foot
3	Tap left heel out front
4	Step left foot beside right foot

5&6 Kick right foot out front, quickly step on ball of right foot beside left, cross left over right to the

right side

7 Touch forward with right foot Pivot ½ turn to left on left foot 8

KICK-AND-CROSS, KICK-AND-CROSS

1&2	Kick right foot out front, quickly step on ball of right foot beside left, cross left over right to the
	right side. (moving to right)

Repeat 1&2

5 Swing right foot across left foot (legs crossed)

&6 Quickly slide ball of left foot close to right side of right foot, step to the left with right foot

(moving to left)

&7 Repeat &6 88 Repeat &6

KICK-AND-CROSS, KICK-AND-CROSS (MOVING TO LEFT)

1&2	Kick left foot out front.	quickly step on b	all of left foot beside right,	cross right over left to the

left side

3&4 Repeat 1&2

5 Swing left foot across right foot (legs crossed)

&6 Quickly slide ball of right foot close to left side of left foot, step to right with left foot (moving to

right)

&7 Repeat &6 88 Repeat &6

REPEAT

3&4