

Hey - Yaaah!

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Alan Birchall (UK)
音乐: Wild West Show - Big & Rich



HEEL GRIND ¼ TURN, COASTER STEP TWICE

1-2 Twist grind right heel, making ¼ turn right (3:00)
3&4 Step back on right, step left by right, step forward on right
5-6 Twist grind left heel, making ¼ turn left (12:00)
7&8 Step back on left, step right by left, step forward on left

STEP, ¼ PIVOT, CROSS ¼ TURN BACKWARDS, ½ TURN, KICK BALL STEP

1-2 Step forward on right, ¼ pivot left (9:00)
3-4 Cross right over left, step back on left making ¼ turn right (12:00)
5-6 Making ½ turn right step forward on right, step forward on left (6:00)
7&8 Kick right foot forward, step right by left, step forward on left

MAMBO FORWARD, MAMBO BACK, SIDE ROCK, RECOVER, CROSS, ¾ TURN BACKWARDS

1&2 Rock forward on right, recover on left, step back on right
3&4 Rock back on left, recover on right, step forward on left
5&6 Rock right to right, recover on left, cross right over left
7-8 Making ¼ turn right step back on left, making ½ turn right step forward on right (3:00)

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER

1-2 On slight diagonal to left rock forward on left, recover on right
&3-4 Step left by right, rock back on right, recover on left
5-6 On slight diagonal to right rock forward on right, recover on left
&7-8 Step right by left, rock back on left, recover on right

STEP, ¾ TURN, BACKWARDS, SIDE SHUFFLE, RIGHT SAILOR, LEFT SAILOR

1-2 Step forward on left, make ¾ turn right (12:00)
3&4 Step left to left, right by left, step left to left
5&6 Cross right behind left, step left in place, step right by left
7&8 Cross left behind right, step right to right, step left in place

RIGHT SWIVET, LEFT SWIVET, SIDE SHUFFLE, HOOK ¼, SHUFFLE, STEP, ½ PIVOT

1& On ball of left and heel of right pivot right, return to place
2& On ball of right and heel of left pivot left, return to place
3&4 Step right to right, step left by right, step right to right
& Make ¼ turn left hooking left over right (9:00)
5&6 Step forward on left, step right by left, step forward on left
7-8 Step forward on right, ½ pivot left (3:00)

REPEAT