

Hangin' On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Johnny Montana (USA)
音乐: You Keep Me Hangin' On - Reba McEntire



STEP, KICK-BALL-CHANGE, KICK

1 Step left foot forward
2&3 Kick right foot forward; step slightly back on ball of right; step slightly forward on left
4 Kick right foot forward.

STEP, LEFT COASTER STEP, KICK

5 Step back onto ball of right foot
6&7 Step back onto left foot; step onto ball of right beside left; step left foot forward
8 Kick right foot forward.

GRAPEVINE RIGHT

&9-10 Step slightly back onto ball of right; cross-step left foot over right; step right to right side
11-12 Cross-step left foot behind right; step right foot to right side

GRAPEVINE LEFT WITH TURN

&13-14 Step ball of left foot behind right; cross-step right over left; step left to left side
15-16 Cross-step right foot behind left; step left foot to left side turning ¼ left.

WALK, WALK, KICK-BALL-CROSS

17-18 Step right foot forward; step left foot forward
19&20 Kick right foot forward; step back onto ball of right turning slightly right; cross-step left over right.

STEP, POINT, STEP, POINT

21-22 Step right foot back turning body slightly left (facing LOD); touch left toe to left side
23-24 Step left foot back; touch right toe to right side.

JAZZ BOX

25-26 Cross-step right foot over left; step left foot back
27-28 Step right foot to right side; step left foot beside right.

CROSS, UNWIND, HIP BUMPS

29-30 Cross-step right foot over left w. Weight evenly distributed; bend knees and pivot ½ turn left on balls of both feet transferring weight to right
31&32 Bump hips right, left, right.

REPEAT
