Hangin' On



拍数: 40 墙数: 4 级数: Beginner

编舞者: Greg Oldaker

音乐: You Keep Me Hangin' On - Reba McEntire



SHUFFLE FORWARD & TURN

1&2 Shuffle forward stepping on right, left, right

3-4 Step left forward; make ½ turn right shifting weight to right

5&6 Shuffle forward stepping left, right, left

7-8 Step right forward; make ½ turn left shifting weight to left

HIP BUMPS (LEFT SLIGHTLY AHEAD OF RIGHT)

9-10 Bump hips to right; bump hips to left 11-12 Bump hips to right; bump hips to left

SHUFFLE FORWARD & TURN

13&14	Shuffle forward	stenning of	n riaht le	ft riaht
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15-16 Step left forward; make ½ turn right shifting weight to right

17&18 Shuffle forward stepping left, right, left

19-20 Step right forward; make ½ turn left shifting weight to left

JAZZ BOXES

21-22	Cross-step right over left; step left back
23-24	Step right to right; step left next to right
25-26	Cross-step right over left; step left back
27-28	Step right to right; step left next to right

KNEE ROLLS, STEP, 1/2 TURN, KICK-BALL-CHANGE

29-30	Turn right knee out; turn right knee back in
31-32	Turn left knee out; turn left knee back in

33-34 Step right forward; make ½ turn left shifting weight to left

35&36 Kick right forward; step ball of left next to right; step left in place

KICK-BALL-CHANGE, STEP, 1/4 TURN

37&38 Kick right forward; step ball of left next to right; step left in place

39-40 Step right forward; make ½ turn left shifting weight to left

REPEAT