Hangin' On Tight

级数: Beginner two step

编舞者: Jan Clifford

拍数: 40

音乐: Lovin' All Night - Patty Loveless

Dance begins after 32 count intro when music picks up, lyrics start on 2nd wall

ROCK, RECOVER, CROSS, HOLD, ROCK, RECOVER, CROSS, HOLD:

- 1-4 (QQS) Rock to right with right foot, recover weight to left foot, step with right foot crossing over left, hold
- 5-8 (QQS) Rock to left with left foot, recover weight to right foot, step with left foot crossing over right, hold

GRAPEVINE TO RIGHT, JAZZ SQUARE

- (QQS) Step to right with right foot, step behind right foot with left foot, step to right with right 9-12 foot, scuff left foot
- 13-16 (QQS) Step with left foot crossing over right foot, step back on right foot, step to left with left foot, scuff right foot

STEP, HOLD, ¼ TURN, HOLD, STEP, HOLD, ¼ TURN, HOLD

- 17-20 (SS) Step forward on right foot, hold 1 count, shift weight to left while turning 1/4 to left, hold 1 count
- 21-24 (SS) Step forward on right foot, hold 1 count, shift weight to left while turning 1/4 to left, hold 1 count

STEP, LOCK, STEP, SCUFF, STEP, TAP, STEP, KICK

- 25-28 (QQS) Step forward on right foot, step forward with left foot locking behind right, step forward on right foot, scuff left foot
- (QQS) Step forward on left foot, tap right toe behind, step back on right foot, low kick left foot 29-32 forward

BACK, HOLD, BACK, HOLD, BACK, BACK, FORWARD (WITH ¼ TURN TO LEFT), HOLD

- 33-36 (SS) Step back on left foot, hold 1 count, step back on right foot, hold 1 count
- 37-40 (QQS) Step back on left foot, step back on right foot, step forward on left with 1/4 turn to left, hold 1 count

REPEAT





墙数:4