

A Hard Secret To Keep

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Lindy Bowers (USA) & Sandy Albano (USA)
音乐: A Hard Secret to Keep - Mark Chesnutt



TOUCH OUT, IN TWICE, SWAYS, STEP LOCK, SCUFF, ¼ TURN LEFT, JAZZ BOX CROSS

1&2& Touch right toe out to right, touch it in next to left, touch out, touch in
3&4& Step right to right with sway (dip leading shoulder down), touch left next to right (straighten up shoulder), step left to left with sway (dip leading shoulder down), touch right next to left (straighten up shoulder)
5&6& Step forward right diagonal on right, lock left behind, step right forward, scuff left
7&8& Left jazz box with ¼ turn left (squaring up to 9:00 wall), cross right over left (weight to right)

STEP TOUCHES; FULL TURN, CROSS; STEP LEFT, ROCK, RECOVER, ¼ TURN LEFT, ROCK, RECOVER, STEP FORWARD

1&2& Step left to left, touch right toe to left, step right to right, touch left toe to right
3&4& Full turn to left (¼, ½, ¼), cross right over left (weight to right)
5&6& Step left to left, rock back on right, recover on left, ¼ turn left stepping on right
7&8 Rock back on left, recover on right, step forward on left

SWEEP STEPS BACK TWICE, HIP BUMPS, CHASSE TOUCH

&1&2 Sweep right across left, step on right, step back on left, step slightly back on right
&3&4 Sweep left across right, step on left, step back on right, step slightly back on left
& Touch right to left instep
5&6& Bump hips right, left, right, left
7&8& Chasse to right (right-left-right), touch left toe

ROCKING CHAIR, TURN, KICK, ROCK BACK, RECOVER, RIGHT LOCK STEP, SCUFF, ROCK, RECOVER, ¼ TURN TOUCH

1&2& (Rocking chair) rock forward on left, recover on right, rock back on left, recover on right
3&4& Making a ½ turn right, step back onto left, kick right, rock back on right, recover left
5&6& Step forward on right, lock left behind right, step forward on right, scuff left
7&8& Rock forward on left, recover on right, step ¼ turn to left on left, touch right toe to left instep

REPEAT

TAG

After first complete pattern (at end of wall 1, on the 9:00 wall)

Z-BOX

1&2& Step forward on right diagonal, touch left to right, step left to left, touch right to left
3&4& Step back on right diagonal, touch left to right, step left to left, touch right to left

RESTART

On wall 4, after finishing the full turn on count 12, instead of crossing over with the right on the '&' count, touch the right beside the left and restart the dance. (you will be facing the front wall to restart)