

He's A Heartache

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 2 级数: Intermediate
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音乐: He's A Heartache - Janie Fricke



ROCK BACK, FORWARD, TOUCH, KICK, CROSS, UNWIND ½, ROCK BACK, FORWARD

- 1-2-3-4 Rock back on right, rock forward on left, touch right beside left, kick right forward
5-6 Cross right over left placing ball of right on floor, unwind ½ turn left ending with weight on right
7-8 Rock back on left, rock forward on right

SIDE, BEHIND, ¼ TURN SHUFFLE, ROCK FORWARD, BACK, ROLL BACK 1½ TURNS

- 1-2-3&4 Step to left on left, cross right behind left, turn ¼ left and shuffle forward left, right, left
5-6 Rock forward on right, rock back on left
7-8 Roll backwards 1 & ½ turns right stepping on right, then on left

FORWARD, LOCK, FORWARD, SCUFF, OUT, OUT, IN, IN

- 1-2-3-4 Step forward on right, lock left behind right, forward on right, scuff left heel next to right
5-6 Step forward at 45 degrees to left on left heel, step forward at 45 degrees to right on right heel
7-8 Step back and to center on left, step right back next to left

¼ TURN OUT, OUT, IN, HITCH & SLAP KNEE, FAN ¼ TURN, FAN ¼ TURN

- &1-2 Turning ¼ to right step forward at 45 degrees to left on left heel, step forward at 45 degrees to right on right heel
3-4 Step back and to center on left, hitch right knee and slap it (gently) with right hand
5-6 Place right heel forward on floor turning toes in to left, fan toes out turning ¼ to right & transfer weight onto right
7-8 Place left heel forward on floor turning toes in to right, fan toes out turning ¼ to left & transfer weight onto left

Counts 5-6-7-8 will actually move you forward to 12:00 wall as you do the ¼ turns

½ PIVOT TURN, OUT OUT, CLAP, TWIST CLICK, TWIST CLAP, TWIST CLICK, TWIST CLAP

- 1-2 Touch ball of right forward, pivot ½ turn to left on left
&3-4 Small jump forward stepping right to right & left to left, clap
5-6 With weight on balls of both feet twist heels to left and click fingers, then back to center and clap
7-8 Repeat steps 5-6 ending with weight on left

REPEAT

TAG

Do first 32 counts only of walls 4 and 9

Out, out, in, in steps don't have to be done on the heels, i.e. Just step flat. 1 ½ turns backward to right can be done as ½ turn only if preferred