

# Heading South

拍数: 32      墙数: 4      级数:  
编舞者: Ganean De La Grange (USA)  
音乐: Unknown



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- |       |                                                                                                                          |
|-------|--------------------------------------------------------------------------------------------------------------------------|
| 1-2   | Step forward right 45 degrees to right, touch left beside right.                                                         |
| 3-4   | Step back left 45 degrees to left, touch right beside left.                                                              |
| 5-6   | Step back right 45 degrees to right, touch right beside left.                                                            |
| 7-8   | Step forward left 45 degrees to left, touch right beside left.                                                           |
| 9-10  | Step right to right side, cross & step left behind right.                                                                |
| 11-12 | Repeat steps 9-10.                                                                                                       |
| 13-14 | Touch right toe to right side, slide right back beside left & pivot $\frac{1}{4}$ to right on left.                      |
| 15-16 | Touch left toe to left side, pivot on right & make $\frac{1}{2}$ turn to left (left crossed over right).                 |
| 17-18 | Step forward left, slide forward right & lock behind left.                                                               |
| 19-20 | Repeat steps 17-18.                                                                                                      |
| 21-22 | Step back left 45 degrees to left, step forward right.                                                                   |
| 23-24 | Step & cross left behind right, stomp right beside left (weight on left).                                                |
| &25   | Raise right knee towards body, kick right forward.                                                                       |
| &26   | Repeat steps & 25.                                                                                                       |
| 27-30 | Step back right, left, step/cross right in front of left, rock forward bending left knee, step down on left & rock back. |
| 31-32 | Step right beside left, step left beside right.                                                                          |

**REPEAT**

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