

# Heads & Tails

**COPPER** KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: Heads Carolina, Tails California - Jo Dee Messina



## KICK FORWARD, TOUCH TO SIDE, TOUCH BEHIND, TOUCH TO SIDE, RIGHT SAILOR, LEFT SAILOR

- 1-2 Kick right forward, touch to right side
- 3-4 Touch behind left, touch right side
- 5&6 Step right behind left, left to left side, right to meet
- 7&8 Left behind right, right to right side, left to meet

## SHUFFLE TWICE, STEP PIVOT ½ TURN, LEFT COASTER

- 1&2 Step right forward, left to meet, right forward
- 3&4 Step left forward, right to meet, left forward
- 5-6 Step right forward, pivot ½ turn over left shoulder
- 7&8 Step left behind, right to meet and step left in front

## CROSS STEPS TWICE, UNWIND ½ TURN, KICK BALL CHANGE

- 1-2 Point right foot to right side, cross right foot over left putting weight onto it
- 3-4 Point left foot to left side, cross left foot over right putting weight onto it
- 5&6 Unwind ½ turn keeping weight on left
- 7&8 Kick right forward, place weight on right, left to meet

## RIGHT GRAPEVINE, LEFT HEEL JACK, RIGHT TOE HOP

- 1-4 Step right to right side, left behind, right to right side, step down left putting weight on it
- &5&6 Step right back, jack left heel forward, step left down and bring right to meet
- &7&8 Step left back, tap right toe next to left foot, hop on left foot and step right foot down next to left

## CHASSE LEFT, CROSS ROCK, 1 ¼ TURNS, SHUFFLE

- 1&2 Step left to left side, right to meet, left to left side
- 3-4 Rock onto right foot, stepping it in front of left and rock back onto left foot
- 5-6 1 ¼ turn to right, stepping right then left
- 7&8 Step right forward, left to meet and step right forward

## ROCK FORWARD, RIGHT & LEFT KNEE POPS

- 1-2 Rock forward onto left foot and back onto right
- 3-4 Step back on left foot, popping right knee forward
- 5-6 Step right foot back, popping left knee forward
- 7-8 Step back left, pop right knee forward, step back right, pop left knee forward

## SIDE ROCK, WALKS FORWARD, SIDE ROCK, STEP, PIVOT ½ TURN SCUFF

- 1-4 Rock left to left side and place weight back onto right, walk left, right, left
- 5-6 Rock right to right side and place weight back onto left, step right in front of left
- 7-8 Pivot ½ turn over left shoulder, scuff right foot

## JAZZ BOX, HIP BUMPS

- 1-4 Cross right foot over left, step left back, step right to right side, step left to left side
- 5-8 Bump hips twice to right side, bump hips twice to left side

## REPEAT

