Heartache Tonight



拍数: 68 墙数: 2 级数: Intermediate

编舞者: Linda Burgess (AUS) 音乐: Heartache Tonight - Eagles



INTRO

Wait 4 counts, then dance:

Step right forward, tap left beside right & clap, step left forward, tap right beside left & clap
Step right back, tap left beside right & clap, step left back, tap right beside left & clap
Repeat above 8 counts

THE MAIN DANCE

BALL-RECOVER, CROSS, SIDE-RECOVER-CROSS, COASTER & 1/4 Left, SHUFFLE FORWARD & SPIN

81-2 Step ball of right foot to right side, step left in place, cross right over left
3&4 Rock/step left to left side, recover weight onto right (on &), cross left over right
5&6 Coaster (right, left, right) & ¼ turn left
7&8 Make ½ turn right & step left back, make ½ turn right & step right forward, step left forward

Easy option: shuffle forward (left, right, left)

1/2 RIGHT & DOROTHY, DOROTHY, SIDE, HOLD-TOGETHER, SIDE, HOLD-TOGETHER

&1-2	Make ½ turn right & step right forward to right diagonal, lock left behind right, step right beside left
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&3-4	Step left forward to left diagonal, lock right behind left, step left beside right
5-6&	Step right to right side, hold & click fingers, step left together
7-8&	Step right to right side, hold & click fingers, step left together

SIDE ROCK, RECOVER, CROSS-SIDE-½ RIGHT, SHUFFLE FORWARD, STEP, ½ LEFT PIVOT

1-2	Rock/step right to right side, recover weight onto left	
3&4	Cross right over left, step left to left side, make ½ hinge turn right & step right to right side	
5&6	Shuffle forward (left, right, left)	
7-8	Step right forward, ½ pivot turn left	

SHUFFLE FORWARD, STEP, 1/4 RIGHT PIVOT, CROSS, HOLD-SIDE, CROSS, HOLD-1/2 RIGHT

1&2	Shuffle forward (right, left, right)
3-4	Step left forward, ¼ pivot turn right
5-6&	Cross left over right, hold & click fingers, step right to right side
7-8&	Cross left over right, hold & click fingers, make $\frac{1}{2}$ turn right (weight on left) & step right forward

STEP, 1/2 RIGHT PIVOT, KICK-BALL-CROSS, HEEL JACK & CROSS TWICE

1-2	Step left forward, ½ pivot turn right
3&4	Kick right forward, step right slightly back, cross left over right
&5&6	Step right slightly back to right diagonal, touch left heel forward to left diagonal, step left together, cross right over left
&7&8	Step left slightly back to left diagonal, touch right heel forward to right diagonal, step right together, cross left over right

1/4 LEFT & SHUFFLE BACK, 1/4 LEFT & SHUFFLE LEFT, BALL-ROCK, RECOVER TWICE

1&2	Make ¼ turn left & shuffle back (right, left, right)
3&4	Make ¼ turn left & shuffle to left side (left, right, left)
&5-6	Step right beside left, rock/step left to left side, recover weight onto right
&7-8	Step left beside right, rock/step right to right side, recover weight onto left

CROSS-ROCK, RECOVER, SIDE SHUFFLE & SPIN, CROSS, BACK, SIDE SHUFFLE

1-2	Cross-rock/step right over left, recover weight onto left
3&4	Shuffle to right side (right, left, right) & full turn right
F C	Cross left aver right stan right heal

5-6 Cross left over right, step right back 7&8 Shuffle to left side (left, right, left)

STEP-1/2 LEFT PIVOT-STEP, STEP-1/2 RIGHT PIVOT-STEP, FORWARD MAMBO, BACK MAMBO

1&2	Step right forward, ½ pivot turn left, step right forward
3&4	Step left forward, ½ pivot turn right, step left forward

Rock/step right forward, recover weight onto left, rock/step right back Rock/step left back, recover weight onto right, rock/step left forward

SYNCOPATED VINE, CROSS, ½ LEFT UNWIND

1&2& Cross right over left, step left to left side, cross right behind left, step left to left side

3-4 Cross right over left, ½ unwind turn left (weight onto left)

REPEAT

RESTART

On the 2nd wall, restart after count 32, facing the front. On the 5th wall, restart after count 40, facing the back

TAG

On the 3rd wall, dance up to count 32, add the following 4 counts and then continue the 3rd wall (i.e.: dance counts &33-68)

1-4 Step right to right side & sway hips right, left, right, left

FINISH

After count 44, cross right over left, ½ unwind turn left to face the front