

拍数: 32 墙数: 4 级数: Intermediate

编舞者: Maureen Jones (UK) & Michelle Jones (UK)

音乐: I Put a Spell on You - Sonique



Start dance 32 beats before vocals, as drum beat commences

BACK, BACK, ½ TURN, HOLD, KICK-BALL-CROSS, ½ HINGE TURN

1-2 Step back on right, step back on left

&3-4 On ball of left make ½ turn left, step right forward, hold

On count 3 (i.e. step right forward) cast your spell: while bending at knees push hands forward at chest height

with arms bent and fingers spread forward. Hold position for count 4

5&6 Kick left forward, step left beside right, step right across left

7-8 Step left to left, on ball of left pivot ½ turn right and step right to right

ROCK, TOUCH, ½ TURN, ROCK, ¾ TRIPLE TURN

9-10 Rock forward on left, recover back on right

11-12 Touch left toes back, on ball of right pivot ½ turn left transferring weight to left

13-14 Rock forward on right, recover back on left 15&16 Make ¾ turn right stepping right, left, right

STEP, TOUCH, HEEL-JACK, BACK SHUFFLE, 1/2 TURN, SHUFFLE

17-18 Step left forward, touch right behind left heel

&19&20 Step back on right, touch left heel forward, step left beside right, step right forward

21&22 Step left back, step right beside left, step left back

&23&24 On ball of left pivot ½ turn right, step right forward, step left beside right, step right forward

SCISSOR-STOMP, KICK-BALL-STOMP, KICK, CROSS, ½ TURN, FORWARD, BACK

Step left to left, step right beside left, stomp left across right

Kick right forward, step right beside left, stomp left across right

29-30 Kick right to right side, touch right across left

31&32 Unwind ½ turn left (weight remains on left), step right forward, step left back

REPEAT