Guitars & Girls



编舞者: Max Perry (USA)

音乐: Guitars & Girls - Michael Mason



8 COUNTS OF APPLE JACKS (SLOW)

With weight on left heel & right toe-spread both toes apart, centerSwitch weight to right heel & left toe-spread both toes apart, center

5-8 Repeat 1-4

RIGHT SHUFFLE TO RIGHT, ROCK BACK, 3 COUNT TURN LEFT ROCK BACK

1&2 Right shuffle to right side (right-left-right)
 3-4 Rock left back (5th position), step right in place
 5-6 Turn ¼ left as you step left forward, turn ½ left as you step right back.

7-8 Turn ¼ left as you step left to left side. Touch right toe next to left (together)

RIGHT SHUFFLE TO RIGHT, ROCK BACK, 3 COUNT TURN LEFT (ROLLING FULL TURN), TOUCH TOGETHER

1&2 Right shuffle to right side (right-left-right)
3-4 Rock left back (5th), step right in place

Turn ¼ left as you step left forward. Turn ½ left as you step right back.
Turn ¼ left as you step left to left side, touch right toe next to left (together)

3 SHUFFLES BACK, STEP BACK, JUMP IN PLACE WITH FEET TOGETHER

1&2 Right shuffle back, (right-left-right)
3&4 Left shuffle back (left-right-left)
5&6 Right shuffle back (right-left-right)

7-8 Step left back, jump & land with feet together

4 STEP, SCUFFS FORWARD

1-4 Step right forward, scuff left heel forward, step left forward, scuff right heel forward

5-8 Repeats step scuffs-right scuff left, scuff

JAZZ BOX WITH 1/4 TURN RIGHT, SCUFF, JAZZ BOX WITH 1/4 TURN LEFT, SCUFF

1-4 Cross right over left, step left back & turn ¼ right, step right to right side. Scuff left forward
5-8 Cross left over right, step right back & turn ¼ left, step left to left side. Scuff right forward

CROSS ROCKS FORWARD & BACK (ROCKING CHAIR), RIGHT SHUFFLE IN PLACE

1-2 Cross right over left & rock forward (diagonally), step left in place

3-4 Rock right back, step left in place

5-6 Cross right over left & rock forward (diagonally), step left in place

7&8 Right shuffle in place

CROSS ROCK FORWARD, ¼ TURN LEFT, STEP FORWARD, TOGETHER STEP FORWARD, HOLD, JUMP TWICE

1-2 Cross left over right & rock forward (diagonally), step right in place

3-4 Turn ¼ left and step left forward, step right next to left. Now facing 9:00 wall

5-6 Step left forward, hold

7-8 Jump or scoot forward twice with feet slightly apart

REPEAT

