Gumbo Rock



拍数: 64 编数: 4 级数: Intermediate

编舞者: Terry O'Farrell (UK) 音乐: Rad Gumbo - Little Feat



TOUCH KICK, BACK CROSS TOUCH, STEP LOCK STEP SCUFF

1-2	Touch right beside left, kick right forward
3-4	Step back right, touch left across front of right
5-6	Step forward left, lock right behind left
7-8	Step forward left, scuff right forward

STEP SLOW ½ TURN, BACK TOGETHER, WALK WALK

1	Step forward right
2-3-4	Make ½ turn left while bouncing heels over 3 counts (weight ends on right)
5-6	Step back left, step right beside left
7-8	Walk forward left, walk forward right

TOUCH KICK, BACK CROSS TOUCH, STEP LOCK STEP SCUFF

1-2	Touch left beside right, kick left forward
3-4	Step back left, touch right across front of left
5-6	Step forward right, lock left behind right
7-8	Step forward right, scuff left forward

STEP SLOW 1/2 TURN, BACK TOGETHER, WALK SCUFF

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1	Step forward left
2-3-4	Make ½ turn right while bouncing heels over 3 counts (weight ends on left)
5-6	Step back right, step left beside right
7-8	Walk forward right, scuff left forward

CROSS BACK SIDE CROSS, 1/4 TURN HOLD, 1/4 TURN HOLD

1-2	Cross leπ over right, step back right
3-4	Step left to left side, cross right over left
5-6	Make ¼ turn right stepping back on left, click fingers at shoulder level
7-8	Make ¼ turn right stepping right to right side, click fingers at shoulder level

CROSS ROCK, SIDE ROCK, BACK ROCK, SIDE TOUCH HOLD

1-2	Cross rock left over right, recover weight onto right
3-4	Rock left to left side, recover weight onto right
5-6	Rock left back behind right, recover weight onto right
7-8	Touch left to left side, hold for one count

BACK ROCK, SIDE ROCK, CROSS ROCK, 1/4 TURN HOLD

1-2	Rock left back behind right, recover weight onto right
3-4	Rock left to left side, recover weight onto right
5-6	Cross rock left over right, recover weight onto right
7-8	Make ¼ turn left stepping forward left, hold for one count

FORWARD TOGETHER, BACK TOGETHER, STEP HOLD, 1/2 PIVOT TURN HOLD

1-2	Step forward right, step left level with right (shoulder width apart)
3-4	Step back right, step left level with right (shoulder width apart)
5-6	Step forward right, hold for one count

REPEAT