Hand Jive Boogie

级数: Improver

编舞者: "Calamity" Jane Newhard (USA)

音乐: Born to Boogie - Hank Williams, Jr.

JUMP FORWARD AND BACK

拍数: 28

- 1 Jump forward with both feet
- 2 Jump back with both feet

SLAP THIGHS TWICE, CLAP TWICE

- 3-4 Slap both hands on front of both thighs, twice
- 5-6 Clap hands at chest level, twice

HAND CROSSES

- 7-8 Cross right hand over left hand twice, palms down tapping right heel in place, twice
- 9-10 Cross left hand over right hand, twice, palms down tapping left heel in place, twice

FIST TAPS

- 11-12 Tap right fist on left fist, twice, tapping right heel in place, twice
- 13-14 Tap left fist on right fist, twice, tapping left heel in place, twice

SWIVEL HITCH-HIKERS

- 15 Swivel both heels to left side and hitch-hike right thumb over right shoulder
- & Swivel both heel to center and return thumb to waist level
- 16 Swivel both heels to left side and hitch-hike right thumb over right shoulder
- & Swivel both heel to center and return thumb to waist level
- 17 Swivel both heels to right side and hitch-hike left thumb over left shoulder
- & Swivel both heel to center and return thumb to waist level
- 18 Swivel both heels to right side and hitch-hike left thumb over left shoulder
- & Swivel both heel to center and return thumb to waist level

STEP PIVOT TWICE

- 19 Step forward with right foot
- 20 Pivot ½ turn left on ball of left foot
- 21 Step forward with right foot
- 22 Pivot ½ turn left on ball of left foot

RIGHT VINE, ¼ TURN, STOMP

- 23 Step to right side with right foot
- 24 Step across behind right leg with left foot
- 25 Step ¼ turn right with right foot
- 26 Stomp (down) with left foot next to right foot

JUMP FORWARD AND BACK

- 27 Jump forward with both feet
- 28 Jump back with both feet

REPEAT





墙数:4