Hands Of Time



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Kevin Smith (AUS) & Maria Smith (AUS)

音乐: Hands Of Time - Tommy Wood



ROCK FORWARD, BACK ½ TURN SIDE SHUFFLE, ROCK FORWARD, BACK, ¼ TURN CHA, CHA

1-2-3&4 Rock forward right, recover back left, shuffle ½ turn right stepping right, left, right 5-6-7&8 Rock forward left, recover back right, shuffle ½ turn left stepping left, right, left

1/2 TURN, CROSS SHUFFLE, POINT, HOLD, & CROSS UNWIND 1/2 TURN

1-2-3&4 Step forward right, turn ½ turn left (weight to left), cross shuffle right over left stepping right,

left, right

5-6&7-8 Point left toe to side, hold, step left next to right, cross step right over left, unwind ½ turn left

keeping weight on left

SLOW COASTER, STEP LOCK, SHUFFLE FORWARD

1-2-3-4 Step back right, step left back next to right, step forward right, hold 5-6-7&8 Step forward left, lock step right behind left, shuffle forward left, right, left

PADDLE TURNS TWICE, STEP FORWARD TOUCH, STEP BACK CROSS TOUCH

1-2-3-4 Step forward right, turn ½ left (weight to right), step forward right, turn ½ left (weight to right)

5-6-7-8 Step forward right, touch left behind right, step back left, cross touch right over left

ROLL OR VINE, PIVOT ½ TURN, SHUFFLE ½ TURN

1-2-3-4 Turn ¼ right and step right foot forward, turn ½ right and step left foot back, turn ¼ right and

step right foot to side

Replace roll with vine if you like

5-6-7&8 Step forward right, turn ½ turn left (weight to left), shuffle ½ turn left stepping right, left, right

DRAG BACK, DRAG BACK, & OUT, HOLD CLAP, & BACK, HOLD CLAP

1-2-3-4 Step back left, drag right together, step back right, drag left together

&5 Step left foot diagonally forward, step right foot to side

6 Hold and clap

&7 Step left foot back, step right foot together

8 Hold and clap

ROCK TO RIGHT, LEFT, & ROCK LEFT, RIGHT, ROCK FORWARD, BACK, ½ SIDE SHUFFLE

1-2&3-4 Rock right to side, recover to left, step right next to left, rock left to side, recover to right

5-6-7&8 Rock forward left, recover back right, shuffle ½ turn left stepping left, right, left

Or 1 1/2 cha-cha turn

STEP SIDE, HOLD, & STEP SIDE, TOUCH, STEP SIDE, HOLD, & 1/2 TURN, SCUFF

1-2&3-4 Step right to side, hold, step left next to right, step right to side, touch left next to right 5-6&7-8 Step left to side, hold, step right next left, turn ½ turn left and step forward left, scuff right

REPEAT

FINISH

Facing 9:00, step lock shuffle forward, step forward right, turn ½ turn to front

RESTART

After wall 2 dance 1st 8 counts as per dance sheet, then add a 4 count right rocking chair and restart dance for wall 3

During wall 4 dance to count 26 (1st paddle). Add rock forward right, back left and restart dance