

Hands To Yourself

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Keep Your Hands To Yourself - Ethan Allen



CAMEL WALKS, VINE, SIDE TOUCH, CHANGE

1&2& Step right forward, slide left toe next to right, step left forward, slide right next to left
3&4& Step right forward, slide left toe next to right, step left forward, slide right next to left
5&6 Step right behind left, step left to left side, cross right over left
&7 Step left to left side, point right toe to right side
8 Transfer weight to right foot

ROCK & TOUCH, SLIDE TOGETHER, BEHIND SIDE CROSS TOUCH

&1&2 Transfer weight back to left foot, rock back behind left, recover weight to left, touch right foot next to left
3-4 Large step right to right side, drag left foot towards right (no weight on left)
5-6 Step left behind right, step right to right side
7& Cross left over right, step right to right side
8 Touch ball of left behind right as you angle your upper body ¼ turn right

SWEEP FORWARD, STEP, SWITCH & SWITCH, RONDE KNEE ROLL, DOWN & POINT, POINT

1-2 Sweep left around to finish ¼ turn right, step onto left
3&4 Point right toe to right side, step right foot next to left, point left toe to left side
5-6 Ronde left foot and knee roll left knee to make a ¼ turn left, touch left toe down
&7-8 Step on to left, point right toe across left, point right toe to right side

MICKEY STEPS, THRUST AND BACK, ROLL LEFT, RIGHT, LEFT

&1&2 Close right next to left, step left in place, step right out, step left out
&3&4 Step right back to center, step left next to right, step right out, step left out
Styling: as you step left out bend left knee into right knee
&5 Step right forward, step left next to right on the toes only, (hips pushed forward)
&6 Step back on right, step back on left (hips pushed back)
&7-8 Hip rolls- left, right, left

KICK & POINT & POINT TURN POINT, & KICK & POINT & POINT TURN TOE TOUCH

1&2 Kick right forward, step right foot next to left, point left to left side
&3&4 Step left next to right, point right to right side, ½ right, point left to left side
&5&6 Step left next to right, kick right forward, step right next to left, point left to left side
&7-8 Step left next to right, point right to right side, ¼ right as you touch right next to left

& LOOK, HOLD, HIP BUMPS

&1 Step right ¼ turn right, turn head to face new wall (note: only right foot makes ¼ turn)
2-3-4 Hold
5-6-7 Hip bumps- 3 hip bumps to the right
&8 Change weight to the left, touch right next to left making a ¼ turn left (note: only right foot makes ¼ turn).

REPEAT

TAG

After the first wall there is a 16 count tag facing the original wall. (Tom did this bit so if you don't like it blame him!)

RIGHT SHUFFLE, ½ PIVOT TURN, LEFT SHUFFLE, ¾ PIVOT TURN

Note: the tag is danced to the home wall (you will make a ¼ turn right to enable this)

1&2-3-4 Shuffle forward right, step left forward pivot ½ turn right

5&6-7-8 Shuffle forward left, step right forward pivot ¾ turn left

STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT, STEP RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT

1-2 Step right forward, touch left next to right making a ¼ turn left

3-4 Step back left, touch right next to left making a ¼ turn left

5-6 Step right forward, touch left next to right making a ¼ turn left

7-8 Step back left, touch right next to left making a ¼ turn left
