Go With The Flow

拍数: 32

编舞者: Simon Ward (AUS)

音乐: I Won't Leave You Lonely - Shania Twain

墙数:2

1-2	Step right foot forward, pivot ½ turn left taking weight onto left
3&4	Shuffle forward right-left-right
5-6	Rock/step left forward, rock/step right back at center
7&8	Making a ½ turn left stepping left-right-left
9-10	Step right forward, pivot ¼ turn left taking weight onto left
11&12	Cross shuffle-cross/step right over left, step left to left, cross/step right over left
13-14	Rock left to left, pivot ¼ turn right taking weight onto right
15&16	Shuffle forward left-right-left
17	Step right foot forward
18-19	Step left forward, pivot ¼ turn right taking weight onto right
20&21	Cross shuffle-cross/step left over right, step right to right, cross/step left over right
22-23	Step right to right side, cross/step left over right
24	Hold
&	Slightly step right to right turning ¼ right
25-26	Rock/step left forward, rock/step right back at center
27&28	Shuffle back left-right-left
29-30	Rock/step right back, rock/step left forward at center
31-32	Step right forward swaying hips to right, step left forward slightly swaying hips to left

REPEAT

Leave out the last two counts on 4th and 8th wall. It is obvious in the music. Start the dance 16 counts from the beginning of intro for phrasing reasons





级数: