

Going Through Hell

COPPER KNOB
STEPSHEETS

拍数: 72 墙数: 1 级数: Beginner
编舞者: Sherrie Poppa (USA)
音乐: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



KICK BALL CHANGE (TWICE), ¼ TURN (TWICE)

1&2 Kick right forward, step right together, step left in place
3&4 Repeat 1&2
5-6 Step right forward, turn ¼ left (weight to left)
7-8 Repeat 5-6

VINE RIGHT, ½ TURN (TWICE)

9-12 Step right to side, step left behind right, step right to side, touch left beside right
13-14 Step left forward, turn ½ right (weight to right)
15-16 Repeat 13-14

HIPS FORWARD AND BACK

17-18 Step left forward and bump hips forward, bump hips forward
19-20 Bump hips back twice
21-24 Bump hips forward, back, forward, back

SHUFFLE, ½ TURN, SHUFFLE, ½ TURN

25&26 Shuffle forward stepping left, right, left
27-28 Step right forward, turn ½ left (weight to left)
29&30 Shuffle forward stepping right, left, right
31-32 Step left forward, turn ½ right (weight to right)

VINE LEFT, KICK BALL CHANGE (TWICE)

33-36 Step left to side, step right behind left, step left to side, stomp right beside left
37&38 Kick left forward, step left beside right, step right in place
39&40 Repeat 37&38

¼ TURN (TWICE), VINE LEFT

41-42 Step left forward, turn ¼ right (weight to right)
43-44 Repeat 41-42
45-48 Step left to side, step right behind left, step left to side, touch right beside left

½ TURN (TWICE), HIP FORWARD AND BACK

49-50 Step right forward, turn ½ left (weight to left)
51-52 Repeat 49-50
53-54 Step right forward and bump hips forward, bump hips forward
55-56 Bump hips back twice
57-60 Bump hips forward, back, forward, back

SHUFFLE, HALF TURN, SHUFFLE, HALF TURN, VINE RIGHT

61&62 Shuffle forward stepping right, left, right
63-64 Step left forward, turn ½ right (weight to right)
65&66 Shuffle forward stepping left, right, left
67 Step right forward, turn ½ left (weight to left)
69-72 Step right to side, step left behind right, step right to side, stomp left beside right

REPEAT
