Gone And Done It

拍数: 56

级数: Intermediate

编舞者: Nancy Morgan (USA)

音乐: Love Gets Me Every Time - Shania Twain

1997 3rd Place Choreography @ Sunshine State

WALK, WALK, TOUCH, STEP BACK, TOUCH LEFT & RIGHT & LEFT & TOUCH

- 1-2-3-4 Walk forward right, left; touch right toe by left instep, step back on right
- 5&6 Touch left toe to left side, put left next to right as you put right toe out to right side
- &7&8 Touch right next to left as you put left toe out to left side, put left next to right as you touch right toe to left

WALK, WALK, TOUCH, STEP BACK, TOUCH LEFT & RIGHT & LEFT & TOUCH

- 1-2-3-4 Walk forward right, left; touch right toe by left instep, step back on right
- 5&6 Touch left toe to left side, put left next to right as you put right toe out to right side
- &7&8 Touch right next to left as you put left toe out to left side, put left next to right as you touch right toe to left

STEP ¼ TURN, KICK-BALL-CHANGE, STEP ¼ TURN, KICK-BALL-CHANGE

- 1-2 Step forward on right, pivot ¼ turn to left
- 3&4 Kick right foot forward, put right next to left as you lift left off ground, set left foot down
- 5-6 Step forward on right, pivot ¼ turn to left
- 7&8 Kick right foot forward, put right next to left as you lift left off ground, set left foot down

FORWARD ROCK, HEEL, TOE BACK, ½ TURN HEEL, STOMP, COASTER STEP

- 1-2 Rock forward on right and back on left
- 3-4 Touch right heel forward, touch right toe back
- 5-6 Turn ½ turn to your right as you put your right heel forward, stomp right foot forward
- 7&8 Step back on left, step back on right, step forward on left

FORWARD ROCK, HEEL, TOE BACK, ½ TURN HEEL, STOMP, COASTER STEP

- 1-2 Rock forward on right and back on left
- 3-4 Touch right heel forward, touch right toe back
- 5-6 Turn ½ turn to your right as you put your right heel forward, stomp right foot forward
- 7&8 Step back on left, step back on right, step forward on left

VINE RIGHT, BRUSH, VINE LEFT, TOUCH

- 1-2-3-4 Step forward on right, step left behind right, step right to right side, brush left foot forward
- 5-6-7-8 Step forward on left, step right behind left, step left to left side, touch right next to left

STEP ¼ TURN, STOMP, BRUSH, SHUFFLE BACK, COASTER STEP

- 1-2 Step forward on right, turn ½ turn to your left
- 3-4 Stomp right next to left, brush right foot forward
- 5&6 Shuffle back -right, left, right
- 7&8 Step back on left, step back on right, step forward on left

REPEAT

P BACK, TOUCH LEFT & RIGHT & LEF





墙数:4