

Gonna Get You

COPPER **KNOB**
BY STEPHEN B. B. B.

拍数: 64 墙数: 4 级数: Intermediate hip hop
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音乐: One Way or Another - Blondie



WALK, HOLD, WALK, HOLD, RUN, RUN, RUN, RUN

1-2 Walk forward right (knee bent), hold
3-4 Walk forward left (knee bent), hold
5-8 Run right, left, right, left

PRESS FORWARD, HOLD; PRESS ½ LEFT, HOLD; PRESS ¼ RIGHT, HOLD; PRESS ½ LEFT, HOLD

1-2 Step right forward into a press, right arm extended in front; hold
3-4 Shifting weight, press left ½ left, left arm extended in front; hold
5-6 Step right ¼ right into a press, shielding eyes with right hand as if looking for someone; hold
7-8 Shifting weight, press left ½ left, hold

STEP, LOCK, STEP, BRUSH; STEP, LOCK, STEP, BRUSH

1-3 Step right forward, step left behind right, step right forward
4 Brush left
5-7 Step left forward, step right behind left, step left forward
8 Brush right

JAZZ BOX ¼ RIGHT, JUMP RIGHT, TOUCH, JUMP LEFT, TOUCH

1-4 Cross right over left, step left back ¼ right, step right to the side, step left
5 Jump right to the right (alternative: long step right)
6 Touch left next to right
7 Jump left to the left (alternative: long step left)
8 Touch right next to left

STEP ¼ RIGHT, STEP ¼ RIGHT, ROCK RIGHT, STEP ¼ LEFT, STEP ¼ LEFT, STEP ¼ LEFT, STEP ¼ LEFT, ROCK LEFT

1 Step right ¼ right
2 Step left ¼ right
3 Rock right
4 Step left ¼ left
5 Step right ¼ left
6 Step left ¼ left
7 Step right ¼ left
8 Rock left

CROSS, BACK, SIDE, CROSS, BACK, CROSS, BACK, STEP TO THE SIDE

1-3 Cross right over left, step left back, step right
4-5 Cross left over right, step right back
6-7 Cross left over right, step right back
8 Step left to the side

STEP, TOGETHER, STEP ¼ RIGHT, BRUSH; STEP ¼ RIGHT, TOGETHER, STEP, TOUCH

1-2 Step right, step left next to right
3-4 Step right ¼ right, brush left
5-6 Step left ¼ right, step right next to left
7-8 Step left, touch right next to left

STEP ¼ RIGHT, STEP LEFT, PRESS BACK, RETURN, ROCKING CHAIR

- 1-2 Step right ¼ right, step left
- 3-4 Right press back, return left
- 5-6 Step right forward, return left
- 7-8 Step right back, return left

REPEAT

RESTART

On wall 2, restart after count 48. (you start again on the 9:00 wall)

TAG

On wall 4 (6:00 wall). After 48 counts, do the following with feet planted approximately a foot apart:

- 1-4 Wiggle hips turning upper body to the right (like the swim). Shade eyes with right hand as if looking for someone
 - 5-8 Repeat to the left, left hand shading eyes
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