Good As I Once Was

级数: Improver west coast swing

编舞者: GYTAL (USA)

拍数: 32

音乐: As Good As I Once Was - Toby Keith

JAZZ BOX WITH TOUCH, TOUCH OUT, TOUCH IN, 1/4 TURN TO LEFT SHUFFLE

- 1-4 Cross right over left, step back on left, step right next to left, touch left toe to right instep
- 5-6 Touch left toe to left side, touch left toe to right instep
- 7&8 Step left ¼ turn to left, step right, step left (left shuffle)

ROCK FORWARD ON RIGHT, RECOVER BACK ON LEFT, RIGHT COASTER STEP, STEP LEFT FORWARD, $\frac{1}{2}$ TURN RIGHT, LEFT SHUFFLE

- 9-12 Rock forward on right foot, rock back on left, step right foot back, step left back next to right, step right forward
- 13-14 Step forward on left turn ¹/₂ to right shifting weight to right foot
- 15&16 Shuffle forward left-right-left

JAZZ POINTS FORWARD & BACK

- 17-18 Touch right to right, cross & step right in front of left
- 19-20 Touch left to left, cross & step left in front of right
- 21-22 Touch right to right, cross & step right behind left
- 23-24 Touch left to left, cross & step left behind right

ROCK FORWARD ON RIGHT, RECOVER BACK ON LEFT, ½ TURN TO RIGHT SHUFFLE, JAZZ BOX WITH A RIGHT SCUFF

- 25-26 Rock forward on right foot, recover back on left
- 27&28 Step right ¼ to right, step left, step right (shuffle)
- 29-32 Step left over right, step back on right, step left next to right, scuff right forward

REPEAT





墙数:2

凿数: