# Get Your Kicks



音乐: Route 66 - Manhattan Transfer



### TOE-HEEL, ROCK, RECOVER, ROCK, HOLD

1-8 Touch right toe forward, drop right heel, touch left toe forward, drop left heel, rock forward on

right, recover on left, rock back on right, hold

9-16 Touch left toe back, drop left heel, touch right toe back, drop right heel, rock back on left,

recover on right, rock forward on left, hold

### RIGHT GRAPEVINE, KICK; LEFT GRAPEVINE, KICK

17-20 Step right foot to right, cross left foot behind right, step right foot to right, kick left foot toward

left diagonal

21-24 Step left foot to left, cross right foot behind left, step left foot to left, kick right foot toward right

diagonal

### FORWARD, KICK, FORWARD, KICK, ROCK BACK, RECOVER, KICK, KICK

25-28 Step right foot forward, kick left foot forward, step left foot forward, kick right foot forward

29-32 Step right foot back, recover on left, kick right foot twice

### STEP FORWARD, TOUCH, 1/4 TURN, TOUCH

33-36 Step forward on right toward right diagonal, touch left foot beside right, step left foot into 1/4

left turn, touch right foot to left

37-40 Repeat steps 33-36 (you are now at the back wall)

### ROCK BACK, RECOVER, KICK, KICK

41-44 Step right foot back, recover on left, kick right foot twice

45-48 Repeat steps 41-44

## **REPEAT**