

Getcha Good

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: I'm Gonna Getcha Good! (Red) - Shania Twain



HIP BUMPS, CHASSE RIGHT, CROSS, UNWIND FULL TURN RIGHT, SIDE ROCK

- 1-2 Step right slightly right bumping hips right, bump hips left
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross left over right, unwind full turn right bending knees slightly, (weight on left)
- 7-8 Rock right out to right side, recover weight on left

Easier option

- 5-6 Cross step left over right, hold for 1 count

CROSS, 2 X CLAPS, CHASSE LEFT, BACK ROCK, RIGHT SHUFFLE FORWARD ½ TURN LEFT

- 9&10 Cross step right over left, clap hands twice (weight on right)
- 11&12 Step left to left side, close right beside left, step left to left side
- 13-14 Rock back on right, rock forward on left
- 15&16 Right shuffle forward turning half turn left stepping, right, left, right, (facing 6:00)

BACK ROCK, LEFT KICK-BALL-TOUCH, RIGHT KICK-BALL-TOUCH, CROSS, UNWIND ½ TURN RIGHT

- 17-18 Rock back on left, rock forward on right
- 19&20 Kick left forward, step left slightly forward and across right, touch right out to right side
- 21&22 Kick right forward, step right slightly forward and across left, touch left out to left side
- 23-24 Cross left over right, unwind half turn right (weight on left) (facing 12:00)

DIAGONAL STEP BACK, LOCK, DIAGONAL LOCK STEP BACK, SIDE ROCK, CROSS SHUFFLE

- 25-26 Step right diagonally back right, lock left across right
- 27&28 Step right diagonally back right, lock left across right, step right diagonally back right
- 29-30 Rock left out to left side, recover weight on right
- 31&32 Cross step left over right, step right to right side, cross step left over right

SIDE, BEHIND, HEEL JACK & CROSS, SIDE, BEHIND, HEEL JACK & STEP FORWARD

- 33-34 Step right to right side, cross left behind right
- &35 Step right to right side and slightly back, touch left heel diagonally forward left
- &36 Step left back to place, cross step right over left
- 37-38 Step left to left side, cross right behind left
- &39 Step left to left side and slightly back, touch right heel diagonally forward right
- &40 Step right back to place, step forward on left

2 X PIVOT ½ TURNS LEFT, FORWARD ROCK, RIGHT COASTER CROSS

- 41-42 Step forward on right, pivot half turn left
- 43-44 Step forward on right, pivot half turn left
- 45-46 Rock forward on right, rock back on left
- 47&48 Step back on right, step left beside right cross step right over left, (facing 12:00)

2 X ¼ TURNS RIGHT, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE, CROSS

- 49-50 Step left to left side turning quarter turn right, step back on right turning quarter turn right
- 51&52 Cross step left over right, step right to right side, cross step left over right
- 53-54 Rock right out to right side, recover weight on left
- 55&56 Cross right behind left, step left to left side cross step right over left, (facing 6:00)

¼ TURN RIGHT, ½ TURN RIGHT, LEFT SHUFFLE FORWARD, STEP FORWARD, KICK, LEFT COASTER CROSS

57-58	Step left to left side turning quarter turn right, step back on right turning half turn right
59&60	Left shuffle forward stepping, left, right, left
61-62	Step forward on right, kick left forward
63&64	Step back on left, step right beside left, cross step left over right, (facing 3:00)

REPEAT

RESTART

On walls 3 (6:00) and 6 (12:00), dance up to count 48 as written, then add the following, then start the dance again from the beginning

SIDE ROCK, CROSS SHUFFLE

1-2	Rock left to left side, recover weight on right
3&4	Cross left over right, step right to right side, cross left over right
