Go Boom!



拍数: 0 墙数: 1 级数: Intermediate

编舞者: John "Grrowler" Rowell (UK) 音乐: Boom - Jolie & The Wanted



Sequence: ABAB, Tag 1, B (counts 1-24), Tag 2, B (counts 25-40), B (counts 1-32), ENDING Dedicated to my grand-daughter, Danniella, (8 years) for her inspirational steps while my feet had a mental block

SECTION A

SWIVEL STEPS-RIGHT-LEFT-RIGHT-LEFT, ROCK & CROSS, STEP-SLIDE

1	Pivot quarter turn right on ball of left stepping right forward (facing 3:00 wall)
2	Pivot quarter turn left on ball of right stepping left together (facing 12:00 wall)
3	Pivot quarter turn right on ball of left stepping right forward (facing 3:00 wall)
4	Pivot quarter turn left on ball of right stepping left together (facing 12:00 wall)

5&6 Rock right to right, recover left, cross right over front of left

7-8 Step left to left, slide right to left taking weight

Easy alternative for steps 1-4: step right to right, left together, step right to right, left together

SWIVEL STEPS-LEFT-RIGHT-LEFT-RIGHT, ROCK & CROSS, STEP-SLIDE

9	Pivot quarter turn left on ball of right stepping left forward (facing 9:00 wall)
10	Pivot quarter turn right on ball of left stepping right together (facing 12:00 wall)
11	Pivot quarter turn left on ball of right stepping left forward (facing 9:00 wall)
12	Pivot quarter turn right on ball of left stepping right together (facing 12:00 wall)

13&14 Rock left to left, recover right, cross left over front of right

15-16 Step right to right, slide left to right taking weight

Easy alternative for steps 9-12: step left to left, right together, step left to left, right together

ROCK-RECOVER, COASTER STEP, STEP-HALF TURN, STEP-LOCK-STEP

17-18	Rock right forward, recover left
19&20	Step right back, step left next to right, step forward right
21-22	Step left forward, pivot half turn right
23&24	Step left forward, lock right behind left, step left forward

STEP-TAP-STEP, POINT BACK-HALF TURN, KICK-BALL-BACK, KICK-BALL-BACK

25&26	Step right forward, tap left toe to right of right heel, step left back
27-28	Point right toe back, pivot half turn right keeping weight on left
29&30	Kick right forward, step right in place, touch left toe back
31&32	Kick left forward, step left in place, touch right toe back

SECTION B

TOE-HEEL-HEEL, COASTER STEP, TOE-HEEL-HEEL, COASTER TURN

1&2	Touch right toe to left instep, touch right heel to left instep, touch right heel forward
3&4	Step right back, step left next to right, step forward right
5&6	Touch left toe to right instep, touch left heel to right instep, touch left heel forward
7&8	Step left back, step right next to left, step left forward quarter turn left (facing 9:00 wall)

POINT OUT-IN-OUT, BEHIND-SIDE-CROSS, POINT OUT-IN-OUT, BEHIND -SIDE-CROSS

9&10	Point right to right, touch right next to left, point right to right
11&12	Step right behind left, step left to left, cross right in front of left
13&14	Point left to left, touch left next to right, point left to left
15&16	Step left behind right, step right to right, cross left in front of right

ROCK-RECOVER, TURN-STEP-WALK-WALK, STOMP-HITCH, BACK-LOCK-BACK

17-18 Rock right forward, recover weight to left

19-20-21 On ball of left pivot half right stepping forward right, step left forward, step right forward

22& Stomp left forward, hitch left knee (for styling spread arms to side, palms down)

23&24 Step left back, lock right in front of left, step left back

Tag 2 goes here on 3rd repetition

STOMP-STOMP, ROCK & CROSS, ROCK & CROSS, STEP-SLIDE

25&26	Stomp right in place, stomp left in place, stomp right in place
27&28	Rock left to left, recover weight to right, cross left over front of right
29&30	Rock right to right, recover weight to left, cross right over front of left

31-32 Step left to left, slide right next to left

HEELS-TOES-HEELS, HEELS-TOES-HEELS, HALF MONTEREY, QUARTER MONTEREY

33&34	Swivel heels to right, swivel toes to right, swivel heels to right
35&36	Swivel heels to left, swivel toes to left, swivel heels to left
37&	Point right to right, pivot half right on ball of left stepping right next to left
38&	Point left to left, step left next to right
39&	Point right to right, pivot quarter right on ball of left stepping right next to left
40&	Point left to left, stomp left next to right taking weight

TAG 1

After second repetition of Section B

ROCK & CROSS, ROCK & CROSS, LONG STEP-SLIDE

1&2 Rock right to right, recover weight to left, cross right in front of left

3&4 Rock left to left, recover right, cross left over front of right

5 Long step right to right (for added styling hitch right knee while stepping right)

6-7-8 Slide left next to right taking weight

Tag 2

During third repetition of section b

STOMP-STOMP, KICK-KICK, COASTER STEP, STOMP-STOMP, KICK-KICK, COASTER STEP

1& Stomp right, stomp right

2& Kick right forward, kick right forward

3&4 Step right back, step left next to right, step right forward

5& Stomp left, stomp left

6& Kick left forward, kick left forward

7&8 Step left back, step right next to left, step left forward

ENDING

&1 Swivel heels half turn to right, swivel heels a quarter turn to left (to face 12:00) throwing arms

up into air for that big finish