

Go For It!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: It's Late - Shakin' Stevens



TOE STRUT BACK, BACK ROCK, TOE STRUT FORWARD, ROCK

1-2 Step right toe back, drop right heel
3-4 Rock left back, recover onto right
5-6 Step left toe forward, drop left heel
7-8 Rock right forward, recover onto left

RHUMBA BOX

9-10 Step right to right, step left beside right
11-12 Step right back, hold
13-14 Step left to left, step right beside left
15-16 Step left forward, hold

RIGHT, CLAP, LEFT, CLAP, FORWARD, CLAP, ¼ LEFT, CLAP

17-18 Step right to right, lean right & clap hands to right
19-20 Step left to left, lean left & clap hands to left
21-22 Step right forward, lean forward & clap hands forward
23-24 Step left ¼ turn left, lean forward & clap hands forward

TOE STRUTS, KICKS

25-26 Step right toe forward, drop right heel
27-28 Step left toe forward, drop left heel
29-30 Kick right low kick forward, kick right slightly higher kick forward
31-32 Kick right slightly higher kick forward, hold

REPEAT
