Friends



编舞者: Vivienne Scott (CAN)

音乐: Why Can't We Be Friends? - Rick Tippe



The count-in for the song 'Friends' is 54 counts into the lyrics

SIDE SHUFFLE RIGHT, ROCK BACK, LEFT SHUFFLE WITH 1/4 TURN LEFT, STEP 1/2 TURN PIVOT

1&2 Step side right, close left beside right, step side right

3-4 Rock back left, recover on right

5&6 Step side left with ¼ turn left, close right beside left, step forward left

7-8 Step forward right, pivot ½ turn left (weight on left)

STEPS FORWARD WITH HIP BUMPS, ROCK FORWARD, RIGHT COASTER BACK

9&10 Step right foot forward as you bump hips right, left, right

11&12 Step left foot forward as bump hips left, right, left

13-14 Rock forward right, recover on left

15&16 Step back right, step left beside right, step forward right

SIDE ROCK LEFT, SYNCOPATED VINE WITH 1/4 TURN, ROCKS FORWARD AND BACK

17-18 Rock side left, recover on right

19&20 Step left behind right, step side right with ¼ turn right, step forward left

21-22 Rock forward right, recover on left Rock back right, recover on left

GRAPEVINE RIGHT WITH TOUCH AND CLAP, GRAPEVINE LEFT WITH 1/4 TURN LEFT AND SCUFF

25-26 Step right to right side, step left behind right

27-28 Step right to right side, touch left beside right, clap

29-30 Step left to left side, step right behind left

31-32 Step left to left side with ¼ turn left, scuff right

Alternative: rolling grapevine with 1 1/4 turn

29-30 Step left with ½ turn left, step right with ½ turn left

31-32 Step left with 1/4 turn left, scuff right

REPEAT