

Friends

拍数: 48 墙数: 4 级数: waltz
编舞者: Michael Vera-Lobos (AUS)
音乐: Friends and Lovers - Gloria Loring



This dance is dedicated to the memory of Leslee Thomson

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| 1-3 | Cross right over left, step back on left, step right to right (traveling back) |
| 4-6 | Cross left over right, step back on right, step left to left (traveling back) |
| 1-3 | Step forward on right, pivot ¼ turn left on balls of feet dropping heels, pivot ¼ turn left on balls of feet dropping heels (weight on right) |
| 4-6 | Touch left toe back, pivot ¼ turn left on balls of feet dropping heels pivot ¼ turn left on balls of feet dropping heels (weight on left) |
| 1-3 | Traveling right-step right to right side, cross left behind right, point right toe to right side |
| 4-6 | Cross right over left, step back on left turning ¼ turn right, step back on right turning ¼ turn right |
| 1-3 | Waltz forward ; step forward left, step forward right turning ½ turn left, step left beside right |
| 4-6 | Basic waltz back ; step back right, step left beside right, step right beside left |
| 1-3 | Diagonal lock forward ; step forward left 45 degrees left, lock right behind left, step forward left 45 degrees left |
| 4-6 | Cross right over left, step back on left turning ¼ turn right, step onto right turning ¼ turn right |
| 1-3 | Diagonal lock back ; step back left 45 degrees left, cross right over left, step back left 45 degrees left |
| 4-6 | Traveling turn full turn right stepping right-left-right |
| 1-3 | Weave left, step left to left side, cross right behind left, step left to left side |
| 4-6 | Weave left, cross right over left, step left to left side, kick right foot forward |
| 1-3 | Tap right toe forward, pivot ¼ turn left on balls of both feet dropping heels, pivot 45 degrees left on balls of both feet (ending with weight on left) |
| 4-6 | Step back on right turning ½ turn left, step forward on left, kick right foot 45 degrees right |

REPEAT

BRIDGE

18-count bridge occurs once during song at the end of the second wall add the following steps-

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| 1-3 | Diamond waltz- step back right turning ¼ turn left, step left beside right, step right beside left |
| 4-6 | Step forward left turning ¼ turn left, step right beside left, step left beside right |
| 1-3 | Step back right turning ¼ turn left, step left beside right, step right beside left |
| 4-6 | Step forward left turning ¼ turn left, step right beside left, step left beside right |
| 1-3 | Step back right turning ½ turn left, step left beside right, step right beside left |
| 4-6 | Step forward left turning ½ turn left, step right beside left, step left beside right |