

Fuel

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Steven Bray
音乐: Fuel - Metallica And San Francisco Symphony Orchestra



KICK, KICK, HOOK, ¼ TURN, STOMP, SWITCHES, NOD, NOD

- 1-2 Kick right forward, kick right to left side behind left
- 3&4 Hook right behind left knee, make ¼ turn unhooking right, stomp right
- 5&6 Point left to left side, place left beside right, point right to right side
- 7-8 Nod head twice

KICK, CROSS, KICK, CROSS, POINT TURNS

- 9-10 Kick right forward, cross right over left
- 11-12 Kick left forward, cross left over right
- 13 Point right toe to right side making ¼ turn left
- 14 Point right toe to right side making ¼ turn left
- 15 Point right toe to right side making ¼ turn left
- 16 Point right toe to right side making ½ turn left

STEP LOCK STEP, STEP LOCK STEP, SNAKE ROLL, BUMP, BUMP, BUMP

- 17&18 Step forward on right, lock left behind right, step forward on right
- 19&20 Step forward on left, lock right behind left, step forward on left
- 21-22 Snake roll left
- 23&24 Bump hips right, left, right

SAILOR STEP, COASTER STEP, COASTER STEP, SAILOR STEP

- 25&26 Step left behind right, step right to right side, step left beside right
- 27&28 Step right back, step left beside right, step right forward
- 29&30 Step left back, step right beside, left, step left forward
- 31&32 Step right behind left, step left to left side, touch right beside left (taking weight off left)

JUMP TOGETHER, APART, CROSS, ANKLE BREAKERS, NOD, NOD, BODY ROLL

- 33&34 Jump both feet together, jump both feet apart, jump both feet together crossing right over left
- 35&36 Lean weight onto right ankle, lean weight onto left ankle, step forward on right
- 37-38 Nod head twice
- 39-40 Body roll down

SWEEP, TAP, TAP, SLIDE, WALK, WALK, NOD, NOD

- 41-42 Sweep right behind left
- 43&44 Tap right toe twice, step right to right side
- 45-46 Walk forward left, right
- 47-48 Nod head twice

REPEAT