

Funk De Bump

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 4 级数: Intermediate
编舞者: Katie Gregory (UK)
音乐: Hump de Bump - Red Hot Chili Peppers



Sequence: ABC, A(1-16), ABC, A, ABC, C to end, ENDING

SECTION A

WALK RIGHT, LEFT, STEP TURN ½, STEP TURN ½ AND WEIGHT ONTO LEFT, RIGHT SHUFFLE BACK, LEFT COASTER

- 1-2 Walk right, walk left
- 3&4& Step turn ½ using right foot over left shoulder, step turn ½ again using right foot over left shoulder, slide the weight onto left foot on the & count at the end
- 5&6 Right shuffle back
- 7&8 Left coaster step

¼ TURN LEFT WITH RIGHT ROCK AND CROSS, FULL TURN OVER RIGHT SHOULDER, RIGHT SAILOR STEP, KICK RIGHT AND CROSS OVER LEFT THEN POINT LEFT

- 1&2 ¼ turn left with a right rock and cross
- 3&4 Full triple turn over right shoulder
- Alternative: left chasse if you don't want to triple turn**
- 5&6 Right sailor step
- 7&8 Kick right and cross right over left then point left out to left side

¾ TURN OVER RIGHT SHOULDER, RIGHT SAILOR STEP, LEFT LOCK STEP, FULL TRIPLE TURN OVER LEFT SHOULDER

- 1-2 ¾ turn over right shoulder, stepping ¼ turn onto right foot, step ½ turn back onto left foot
- 3&4 Right sailor step
- 5&6 Left lock step
- 7&8 Full triple turn over left shoulder (right, left, right)

Alternative: right chasse if you don't fancy turning

LEFT LOCK STEP, RIGHT KICKBALL CHANGE, STEP RIGHT OUT, STEP LEFT OUT & HIP ROLL

- 1&2 Left lock step
- 3&4 Right kick ball change
- 5-6 Step right foot slightly forward pushing knee out at the same time step the left foot slightly forward pushing the left knee out
- 7-8 Hip roll to the left with weight ending on the left foot

SECTION B

WALK RIGHT, LEFT, KICK RIGHT AND ROCK BACK ON LEFT AND RECOVER, WALK LEFT, RIGHT, KICK LEFT AND ROCK BACK ON RIGHT AND RECOVER (WITH ATTITUDE! J)

- 1-2 Walk right, walk left
- 3&4& Kick right foot forward, replace weight onto right, rock back on left, recover on right
- 5-6 Walk left, walk right
- 7&8& Kick left foot forward, replace weight onto left, rock back on right and recover onto left

SLOW ROCK FORWARD ONTO RIGHT, FULL 1 ¼ TRIPLE TURN MAKING A ¼ TURN RIGHT, CROSS ROCK LEFT OVER RIGHT, BODY ROLL WITH ¼ TURN RIGHT

- 1-2 Slow rock forward onto right foot and recover onto left
- 3&4 Triple turn, turning 1 & ¼ over right shoulder (right, left, right) which makes a ¼ turn right
- Alternative: right chasse with a ¼ turn right if you do not want to turn**
- 5&6 Cross rock left over right

- 7-8 Snake roll with a $\frac{1}{4}$ turn right, weight ending on left
9-16 Repeat the first 8 counts of Part B

SLOW ROCK RIGHT, 3 / 4 TURN OVER RIGHT SHOULDER, SWEEPING RIGHT FOOT, RIGHT SAILOR STEP, HIP BUMPS OR SHIMMY (WHICHEVER YOU PREFER)

- 1-2 Slow rock forward onto right foot and recover onto left
3&4 $\frac{3}{4}$ turn over right shoulder, stepping onto right for a $\frac{1}{2}$ turn right then onto left for a $\frac{1}{4}$ turn right and sweep right foot
5&6 Right sailor step
7&8 Hip bumps (or shimmy, or shake butt however you want)

SECTION C

WEAVE RIGHT, SIDE BEHIND AND CROSS, SLIDE TO THE RIGHT, LEFT SAILOR STEP WITH A $\frac{1}{4}$ TURN, FULL TURN OVER LEFT SHOULDER

- 1-2&3-4 Weave right- place right foot to right side, cross left behind right, cross left over right and slide to the right
5&6 Left sailor step with a $\frac{1}{4}$ turn left
7-8 Full turn over left shoulder stepping right, left

WALK RIGHT, LEFT, KICK AND CROSS LEFT OVER RIGHT, HIP BUMPS, HIP ROLL WITH $\frac{1}{4}$ TURN LEFT

- 1-2 Walk right, walk left
3&4 Kick right, place weight back onto right foot and cross left over right
5&6& Hip bumps, up and right, left
7-8 Hip roll with pivot $\frac{1}{4}$ turn left

CROSS ROCK RIGHT OVER LEFT, TRIPLE FULL TURN MAKING A $\frac{1}{4}$ TURN LEFT, STEP $\frac{1}{2}$ TURN OVER RIGHT SHOULDER, KICK LEFT AND STEP ONTO RIGHT

- 1-2 Cross rock right foot over left
3&4 Triple full turn, right, left, right over right shoulder making $1 / 4$ turn right
5-6 Step $1 / 2$ turn on left foot over right shoulder
7&8 Kick left foot, replace weight onto left then step forward slightly on right

CROSS LEFT OVER RIGHT, STEP RIGHT TO THE SIDE, LEFT SAILOR WITH A $\frac{1}{4}$ TURN, STEP RIGHT FOOT OUT STEP LEFT OUT, SNAKE ROLL

- 1-2 Cross left foot over right and then step right foot out to right side
3&4 Left sailor step with a $1 / 4$ turn left
5-6 Step right foot out rolling knee, step left foot out rolling knee
7-8 Snake roll over two counts, weight always ending on left

ENDING

The dance finishes after the fourth repetition of Part C, after the snake roll cross right over left and unwind to the front wall to finish
