

Funky Cold Medina

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Helen D'Aguiar (UK)
音乐: Funky Cold Medina - Tone-Lōc



DIAGONAL STEPS, STEPS TOGETHER TWICE

- 1-2 Step right foot into right diagonal, pushing hip into diagonal, step left foot into left diagonal, pushing hip into diagonal
3-4 Bring right foot back to place, bring left foot back to place
5-8 Repeat 1-4

SIDE STEP, HEEL TAP, KICK BALL CROSS TWICE

- 9-10 Step right foot to side, raise left heel and tap in place
11&12 Kick left into diagonal, bring left next to right and cross right over left
13-14 Step left to side, raise right heel and tap in place
15&16 Kick right into diagonal, bring right next to left and cross left over right

2 QUARTER TURNS RIGHT, POINT, EXTENDED SHUFFLE, QUARTER TURN LEFT, COASTER STEP

- 17-18 Turn ¼ turn right stepping forward on right, pivot ¼ turn right pointing left toe to the side
19&20&21 Extended cross shuffle left over right (left, right, left, right, left)
22 Turn ¼ turn left stepping back on right
23&24 Left coaster step back

MAMBO STEPS FORWARD & BACK, HITCH TOUCH TWICE ¾ TURN, KICK BALL CHANGE

- 25&26 Rock forward on right, recover on left, bring right next to left
27&28 Rock back on left, recover on right, bring left next to right
&29&30 Hitch right knee as you pivot ¼ turn left, touch right toe out to side, hitch right knee as you pivot ½ turn left, touch right toe out to side
31&32 Right kick ball change

REPEAT