

Gat-A-Line

拍数: 40 墙数: 4 级数:
编舞者: Pat Alvis, Jim Covert, Jim Harvy & Bill Broughton
音乐: Dixiefried - The Kentucky Headhunters



RIGHT SWIVEL/PIVOTS (SWIVOTS)

- 1 With the weight on the left toe/ball and the right heel, swivel the left heel to the left as the right toe swivels to the right. Both toes should point to about 2:00.
- 2 Swivel both feet back to center
- 3 With the weight on the left toe/ball and the right heel, swivel the left heel to the left as the right toe swivels to the right. Both toes should point to about 2:00
- 4 Swivel both feet back to center. Shift your weight to the right toe/ball and the left heel.

LEFT SWIVEL/PIVOTS (SWIVOTS)

- 5 With the weight on the right toe/ball and the left heel, swivel the right heel to the right as the left toe swivels to the left. Both toes should point to about 10:00
- 6 Swivel both feet back to center.
- 7 With the weight on the right toe/ball and the left heel, swivel the right heel to the right as the left toe swivels to the left. Both toes should point to about 10:00.
- 8 Swivel both feet back to center. Shift your weight to the left foot.

HEEL, CROSS, HEEL, TOGETHER

- 9 Extend the right leg forward and touch the floor with the heel. The toe should turn outward slightly, pointing to about 1:00.
- 10 Right leg crosses in front of the left leg so the right ankle is at the middle of the left shin with the right knee bent.
- 11 Extend the right leg forward and touch the floor with the heel. The toe should turn outward slightly, pointing to about 1:00
- 12 Right foot steps beside the left, feet together. The weight is on both toe/balls.

RIGHT SWIVEL WALK (RAMBLE)

- 13 With the weight on both toe/balls swivel/move both heels to the right
- 14 Shift the weight to both heels and swivel/move both toes to the right
- 15 Shift the weight to both toe/balls and swivel/move both heels to the right
- 16 Shift the weight to both heels and swivel/move both toes to center.

LEFT HEEL, CROSS, HEEL, TOUCH BACK

- 17 Extend the left leg forward and touch the floor with the heel. The toe should turn outward slightly, pointing to about 11:00
- 18 Left leg crosses in front of the right leg so the left ankle is at the middle of the right shin with the left knee bent.
- 19 Extend the left leg forward and touch the floor with the heel. The toe should turn outward slightly, pointing to about 11:00
- 20 Reach straight back with the left foot and touch the floor with the toe.

STEP, HITCH, STEP BACK, TOUCH BACK

- 21 Left foot steps forward
- 22 Lift the right knee so the upper leg is somewhat parallel to the floor with the toe pointing down.
- 23 Right foot steps back
- 24 Reach straight back with the left foot and touch the floor with the toe

STEP, ½ PIVOT, SIDE, BEHIND

- 25 Left foot steps forward
- 26 Right foot scuffs forward by swinging the leg forward and allowing the heel to strike the floor as it passes. As you scuff pivot ½ to the left (facing 6:00) on the left toe/ball
- 27 The right foot steps to the right side
- 28 The left foot steps to the right side, crossing behind the right leg

STEP, SCUFF, STEP, SCUFF

- 29 The right foot steps to the right side
- 30 Left foot scuffs forward by swinging the leg forward and allowing the heel to strike the floor as it passes
- 31 Step left foot down beside the right
- 32 Right foot scuffs forward by swinging the leg forward and allowing the heel to strike the floor as it passes.

STEP, SCUFF, SIDE, BEHIND

- 33 Step right foot down beside the left
- 34 Left foot scuffs forward by swinging the leg forward and allowing the heel to strike the floor as it passes
- 35 Step left foot to the left side
- 36 Step right foot to the left side, crossing behind the left leg

¼ LEFT, TOGETHER, LEFT SWIVEL, CENTER

- 37 Left foot steps into a ¼ turn to the left, facing 3:00
- 38 Step right foot beside the left. The feet should be about 2 to 4 inches apart weight is on both toe/balls
- 39 Swivel both heels to the left
- 40 Swivel both heels back to center. Shift your weight to the left toe/ball and right heel, ready to begin the sequence.

REPEAT
