## For The Longest Time

拍数： 32
墥数： 4
级数：Improver

## 编舞者：DQ Johnson（USA）

音乐：The Longest Time－Billy Joel


Special thanks to my friend Patti Kraft for the fun of making sure that we always＂Finish Facing Front＂

## WEAVE RIGHT，SIDE SHUFFLE，CROSS ROCK－RECOVER

1－2 Step right to right（and slightly back）；cross left over right
3－4 Step right to right；cross left behind right
5\＆6 Step right to right；step left together；step right to right
7－8 Rock left across right；recover weight to right（12：00）
$1 / 4$ TURN LEFT， $1 / 4$ TURN LEFT，BEHIND，SIDE，CROSS SHUFFLE，ROCK $1 / 4$ TURN LEFT，RECOVER
1－2 Step left into $1 / 4$ turn left；step right into $1 / 4$ turn left（these steps travel toward the 9：00 wall and end facing 6：00）
3－4 Cross left behind right；step right to right
5\＆6 Cross left over right；small step right on right；slightly cross left over right
7－8 Rock side right，making a $1 / 4$ turn left；recover weight to left（3：00）
CROSS \＆HEEL \＆（TWICE），WALK FORWARD，STEP－LOCK－STEP
1\＆2\＆Cross right over left；step slightly left on left；extend right heel on forward right diagonal；step right together
3\＆4\＆Cross left over right；step slightly right on right；extend left heel on forward left diagonal；step left together
5－6 Step forward on right；step forward on left
$7 \& 8 \quad$ Step forward on right；step forward on left slightly behind right；step forward on right（3：00）
ROCK－RECOVER， $1 / 4$ TURN LEFT COASTER STEP， $1 / 4$ TURN LEFT，TOUCH，SIDE，TOUCH
1－2 Rock forward on left；recover weight to right
3\＆4 Making a $1 / 4$ turn left：step left behind right；step slightly back on right；step forward on left （12：00）
5－6 Long step forward on right into $1 / 4$ turn left；touch left beside right（9：00）
7－8 Long step left on left；touch right beside left
REPEAT
RESTART
You are facing the back wall at the start of the third repetition．Do counts 1 through 14 as above，then for counts 15－16，substitute these steps：
1－2 Step forward on right；turn $1 / 2$ left（weight on left，facing the back wall）
Then restart the dance with count 1
TO FINISH FACING FRONT
You will be completing the dance as the music fades．To finish facing front（original starting wall），complete count 32 and hold．

