

# Forever Always

**COPPER KNOB**  
STEPSHEETS

拍数: 28      墙数: 4      级数: Improver  
编舞者: Karen Hadley (UK)  
音乐: Forever and for Always - Shania Twain



Red & Green CDs. Count Intro after main beat, starting on line main vocals "In Your Arms".

## STEP, LEFT SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP, BALL STEP

- 1                      Step forward on right
- 2&3                  Step forward on left, step right beside left, step forward on left
- 4-5                  Rock forward on right, rock back onto left
- 6&7                  Step back on right, step left beside right, step forward on right
- &8                    Step ball of left beside right, step forward on right

## FORWARD ROCK, ¾ TRIPLE TURN, SIDE, BEHIND, BALL-CROSS, SIDE

- 1-2                    Rock forward on left, rock back onto right
- 3&4                   Triple ¾ turn left, stepping - left, right, left (3:00)
- 5-6                   Step right to right side, cross step left behind right
- &7                    Step ball of right to right side slightly back, cross step left over right
- 8                      Step right to right side

## BALL-CROSS, SIDE, COASTER STEP, STEP, PIVOT ½ TURN, ½ SHUFFLE TURN

- &1                    Step ball of left to left side slightly back, cross step right over left
- 2                      Step left to left side
- 3&4                   Step back on right, step left beside right, step forward on right
- 5-6                   Step forward on left, pivot ½ turn right
- 7&8                   Shuffle ½ turn right, stepping - left, right, left (3:00)

## BACK ROCK, KICK BALL-STEP

- 1-2                    Rock back on right, rock forward onto left
- 3&4                   Kick right forward, step right beside left, step forward on left

## REPEAT