

# Forever Amen (P)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 0      级数: Partner  
编舞者: Peter Simm (UK) & Val Simm (UK)  
音乐: Forever and Ever, Amen - Randy Travis



**Position:** Mans steps are written. Man facing outside LOD holding hands, Lady facing inside holding hands.  
Lady's are opposite steps (starting with rock back on left) except were stated

## CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

- 1-2      Cross rock right over left, recover onto left
- 3&4      Step right to right, step left beside right, step right to right side
- 5-6      Cross rock left over right, recover onto right
- 7&8      Step left to left, step right beside left, step left to left side

## ROCK RECOVER, CHASSE RIGHT ¼ TURN LEFT. ROCK RECOVER, SHUFFLE FORWARD

- 1-2      **MAN:** Rock back on right, recover on left. Release lady's left hand  
**LADY:** Step forward left on left, pivot ½ turn right. Weight on right turning under mans left hand
- 3&4      **MAN:** Step right to right side, step left beside right, step right to right side with a ¼ turn left (into LOD)  
**LADY:** ¾ Turn shuffle to the right stepping left, right, left

**Release left hand, picking up mans right hand into LOD side by side**

- 5-6      Rock back on left, recover on right
- 7&8      Step forward on left, together with right, step forward on left

## STEP ¼ TURN LEFT, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT ¼ TURN LEFT

- 1-2      Step right ¼ turn left, step together on left, (release hands) turn back to back
- 3&4      Step right to right, step left beside right, step right to right
- 5-6      Cross left over right, recover on right
- 7&8      Step left to left side, step right beside left, step left to left side with ¼ turn left (into RLOD)

## STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE CLOSE, CHASSE LEFT

- 1-2      Step right forward turning ¼ turn left, step left beside right, (picking up both hands)
- 3&4      Cross right over left, left to left side, cross right over left
- 5-6      Step left to left side, step right beside left
- 7&8      Step left to left side, step right beside left, step left to left side

**REPEAT**