

# Forever And Always

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Forever and for Always - Shania Twain



## SIDE TOGETHER, SCISSOR STEP, SIDE TOGETHER, SCISSOR STEP

- 1-2      Right step to right side, step left next to right
- 3&4      Step right to right & slide left next to right, cross right over left
- 5-6      Left step to left side, step right next to left
- 7&8      Step left to left side & slight right next to left, cross left over right

## SYNCOPATED SIDE ROCK, BEHIND SIDE CROSS, POINT LEFT, SAILOR STEP WITH ¼ TURN LEFT, FORWARD ROCK & TOUCH

- 1&2&3-4      Rock right to right side & replace onto left, cross right behind left, step left to left side, cross right over left, point left foot to left side
- 5&6      Cross left behind as you turn ¼ left, step right to side right, step left together with right
- 7&8      Rock forward onto right & replace onto left, touch right next to left

## RIGHT & LEFT FULL PADDLE TURNS (SAMBA TURNS)

- 1&2&3&4      Step right to right side toe turned out, start a full turn right as you quickly step onto the ball of the left foot (slightly back) then replace weight onto right (1&2), repeat the ball step for &3&4 completing full turn right, weight should end on right
- 5&6&7&8      Step left to left side toe turned out, start a full turn left as you quickly step onto the ball of the right foot (slightly back) then replace weight into left (5&6), repeat the ball step for &7&8 completing full turn left, weight should end on left

## LOCK STEP FORWARD, ½ PIVOT RIGHT, LOCK STEP FORWARD, ½ PIVOT LEFT

- 1&2-3-4      Step forward on right, lock left behind right, step forward on right. Step forward on left pivot ½ right shifting weight to right
- 5&6-7-8      Step forward on left, lock right behind left, step forward on left. Step forward on right ½ left shifting weight onto left

## REPEAT