

Forever Country

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数:
编舞者: Vicki E. Rader (USA)
音乐: I'm from the Country - Tracy Byrd



HEEL GRIND, SHUFFLE IN PLACE, HEEL GRIND, SHUFFLE IN PLACE

- 1-2 Touch right heel forward with toe pointed left; grind heel to right (toes pointed right)
- 3&4 Shuffle in place (right-left-right)
- 5-6 Touch left heel forward with toe pointed left; grind heel to left (toes pointed left)
- 7&8 Shuffle in place (left-right-left)

SUGARFOOT, MONTEREY TURN, KICK-BALL-CHANGE

- 9-10 Touch right toe in place pointed slightly left; touch right heel in place with toe pointed out
- 11-12 Touch right toe to right side; pivot ½ to right on left foot, stepping right foot next to left (with weight)
- 13-14 Touch left toe to left side; step home on left foot next to right
- 15&16 Right kick-ball-change

WALK FORWARD, TURN ½ WITH SCUFF, WALK FORWARD, TURN ½ WITH SCUFF

- 17-18 Step forward on right foot; step forward on left foot
- 19-20 Step forward on right foot; pivot ½ turn to the right on right foot, scuffing left heel as you turn
- 21-22 Step forward on left foot; step forward on right foot
- 23-24 Step forward on left foot; pivot ½ turn to the left on left foot, scuffing right heel as you turn

SHUFFLE FORWARD, KICK TWICE, SHUFFLE BACK, STOMP TWICE

- 25&26 Shuffle forward (right-left-right)
- 27-28 Kick left foot forward twice
- 29&30 Shuffle backward left-right-left
- 31-32 Stomp right foot twice

GRAPEVINE RIGHT, STEP TOGETHER, "PUMP-N-STUFF" FOOT PUMPS WITH ¼ TURN

- 33-36 Grapevine right, step left foot next to right (with weight)
- 37 Pump right foot forward (as pumping the brake pedal in your car, don't touch down)
- & Hitch up right knee slightly and pivot 1/8 turn to left on ball of left foot
- 38 Pump right foot forward again as you set down left heel
- & Hitch up right knee slightly and pivot 1/8 turn to left on ball of left foot
- 39 Pump right foot forward again as you set down left heel
- 40 Touch right foot next to left (keep weight on left foot)

GRAPEVINE RIGHT, STEP TOGETHER, ½ TURN TOE SWEEP

- 41-44 Grapevine right, step left foot next to right
- 45 Touch right toe forward
- 46-47 Sweep toe wide and to the right, pivoting ½ turn on left foot as you draw a half circle with right toe
- 48 Bring right foot together with left

REPEAT