Forever Love



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Teresa Lawrence (UK) & Vera Fisher (UK)

音乐: Forever Love - Reba McEntire



CROSS ROCK, HOLD, REPLACE, CROSS ROCK, HOLD, REPLACE

1-4 Cross left over right, hold, replace weight on right, step left in place 5-8 Cross right over left, hold, replace weight on left, step right in place

WEAVE, CROSS ROCK, HOLD, REPLACE, STEP LEFT

1-4 Step left over right, step right to right side, step left behind right, step right to right side

5-8 Cross rock left over right, hold, replace weight on right, step left in place

WEAVE, CROSS ROCK, HOLD, REPLACE, STEP RIGHT

1-4 Step right over left, step left to left side, step right behind left, step left to left side

5-8 Cross rock right over left, hold, replace weight on left, step right in place

STEP ½ TURN TRIPLE, STEP ½ TURN TRIPLE

1-4 Step forward on left, turning ½ turn left stepping right, left, right, in place 5-8 Step forward on left, turning ½ turn left stepping right, left, right, in place

STEP ½ TURN RHONDE, STEP ½ TURN RHONDE

1-4 Step forward on left, sweep right foot round ½ turn left over 3 counts

5-8 Step forward on right and repeat sweep on the left to the right ending with weight on left

ROCK, HOLD, REPLACE, HOLD, WHOLE TURN TRIPLE

1-4 Rock right to right side, hold, replace weight on left and hold (swaying right, left)
5-8 Make a whole turn right stepping right, left, right, hold keeping weight on right

ROCK, HOLD, REPLACE, HOLD, 34 TURN, WALK BACK

1-4 Rock left to left side, hold, replace weight on right and hold (swaying left, right)

5-8 Turn ¾ turn left in 2 counts stepping left, right, step back left then right

ROCK, HOLD, REPLACE, STEP, ROCK, HOLD, REPLACE, STEP

1-4 Rock back on left, hold, replace weight on right, bring left to center 5-8 Rock forward on right, hold, replace weight on left, bring right to center

REPEAT

The music slows down as you get to the end of the dance at the back wall. Keep the dance up to tempo. You will do the first 24 counts of the dance. For a big finish, step forward left for count 1. Do a 3 count ½ turn ronde left. Finish by crossing right over left & a 4 count bow.