

Forever Young

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Max Perry (USA)
音乐: Forever Young - Pete Andrew



4 TOE-HEEL STEPS FORWARD

1-4 Step right toe forward, lower right heel, step left toe forward, lower left heel
5-8 Step right toe forward, lower right heel, step left toe forward, lower left heel

KICK, KICK, BACK, TOGETHER, FORWARD, SCUFF, ¼ TURN RIGHT

1-4 Kick right forward twice, step right back, step left next to right
5-8 Step right forward, scuff left heel forward, step left forward & turn ¼ right, step right in place

CROSS OVER & ROCK, SIDE ROCK

1-2 Step left forward and across right, step right in place (cross rock step)
3-4 Rock step left to left side, step right in place (side rock step)

VINE RIGHT WITH A ¼ TURN RIGHT, SCUFF

5-8 Cross left behind right, turn ¼ right and step right forward, step left forward, scuff right heel forward

4 TOE-HEEL STEPS BACKWARD

1-4 Step right toe back, lower right heel, step left toe back, lower left heel
5-8 Step right toe back, lower right heel, step left toe back, lower left heel

REPEAT
